



Annual Meeting, Wednesday, November 29, 2023, 7:00-8:30 p.m. PST
Virtual, via CAPM's Professional Zoom Account

MINUTES *(draft 2/25/24)*

“Handouts” were attached to cover email of 1/15/23 meeting announcement.

1. Greetings from 2023 President: Mercy Kagoda

Mercy thanked everyone for attending on a weeknight, and also thanked Ron Hattis for providing historical knowledge and guidance, and others for assisting her during the year. She announced the formation of a CAPM Membership Committee, on which Jillian Martin, Prasad Acharya, and Aimee Sisson will be members.

2. Roll Call and Updates

There were 21 attendees. Each attendee was invited to give a brief personal introduction and update, and then to call on another.

Mercy Kagoda started by introducing herself as one of the medical directors at IEHP, the Inland Empire Health Plan. She does care management for Medi-Cal and Medicare patients in San Bernardino and Riverside Counties, and also oversees palliative care. She is CAPM's current President and will be immediate past-President in 2024.

Jillian Martin is a senior medical group director at Genentech, and pharmaceutical company that was bought up by Roche. Her group looks at adverse events reported for drugs in trials and in the market, and helps determine whether the good still outweighs the bad. She did her residency with the California Department of Public Health (CDPH) and Los Angeles Department of Public Health. She then did a pharmaco-vigilance fellowship with Dr. Mirza Rahman, who is currently serving as President of the American College of Preventive Medicine (ACPM). Jillian is currently our CAPM President-Elect and will be moving up automatically to be President for 2024.

Aimee Sisson is currently the health officer for Yolo County and the Yolo County Health and Human Services Agency. She was previously at CDPH for about 10 years, in various capacities. She said it was great to see everybody. She is currently immediate past-President and will be graduating from the Board in 2024.

Jessica Nunez de Ybarra works at CDPH, as the Medical Administrator in the new Office of Policy and Planning. She is able to provide technical advice to senior leadership in the department. She described this as a “dream job,” which she is balancing with family responsibilities including care of a teen age boy and an older husband. She said that CAPM is a part of that balance and that the members “rock.”

Lynette Scott is the Chief Data officer of the Department of Healthcare Services (DHCS) for the past 11 years. She did her Preventive Medicine residency when public health was part of the old Department of Health Services. She has been working on CalAIM and data sharing, and other data

issues for Medi-Cal. She has missed her Preventive Medicine colleagues at CCLHO and who are no in CDPH.

Ali Duffens is a 3rd year resident at UCSF's joint Preventive Medicine/internal medicine residency program. She is getting her MPH at UC Berkeley this year, and will be serving as the ex-officio resident member of the CAPM Board beginning immediately, succeeding Josh Hoffner.

Josh Hoffner has been the ex-officio resident member of our Board and has completed his residency at CDPH in June but his term on our Board was extended till today. He is now serving in a fellowship program and the University of Wisconsin, Madison.

Olivia Kasirye has been Sacramento County health officer since 2012. COVID has been a "storm" that is finally beginning to subside. Olivia's family and Mercy's are both from Uganda and have been longtime friends, but the two first met at a meeting in California.

Robert (Bob) Gunn is retired from CDC after spending 30 years with them. The last 10 were spent at San Diego County where he served as STD Control Officer. He was also in the Department of Family and Preventive Medicine, and asked for an emeritus position, which got him a library card but not a parking pass.

Megan Ryan works for the Defense Health Agency Immunization Healthcare Program, and at the Naval Medical Center, San Diego. She helps with immunization work for the Pacific region. She is also a part-time clinical professor at UC San Diego School of Public Health. She concurred with Bob about the extreme difficult parking at UC San Diego.

Jim Stratton is enjoying his 19th year of retirement, after a career spanning from the Epidemic Intelligence Service (EIS) in New York City, then working for CDC in Atlanta and Washington, DC, Bangladesh, and Geneva. He came to California to get an MPH at UC Berkeley and never left. He worked for the state health department in the Office of Environmental Health Hazard Assessment (OEHHA) and later became the state health officer under two different governors.

Susan Bradshaw has been working for the Los Angeles Department of Public Health for close to 20 years. She is a past-President of CAPM and appreciates the knowledge and the networks that she gained from this organization. She is currently a representative to the Medical Leadership Forum that we sponsor.

Thea Papasozomenos is currently the health officer of Stanislaus County, which she assumed after Julie Vaishampayan retired. She has been with the county for close to 6 years. She has been on the CAPM Board for 3 years and will be graduating from that position in 2024.

Julie Vaishampayan, as Thea said, was Stanislaus health officer till last December. However, she returned in July to head the Office of Infectious Disease Preparedness and Response, working on COVID demobilization. She is setting up a syndrome surveillance system.

Aileen Lo was chief resident of the Preventive Medicine residency program at Loma Linda, where she met Ron. She has been a CAPM member on and off since 2015. She recently became Chief Medical Officer/Public Health Medical Director at the San Bernardino County Department of Public Health, where she was already working. Aileen has been nominated as a candidate for a three-year term on our CAPM Board, replacing Thea.

Priyanka Fernandes is a graduate of the UCLA Preventive Medicine residency, and also has training in pediatrics and pediatric infectious diseases. She has been director of Preventive Medicine training since 2019. There is a joint Preventive Medicine/internal medicine program, a joint Preventive Medicine/infectious disease program, and a fellowship. She is a new member of CAPM, not only recently become aware of this community of colleagues when Ron reached out to Dean Jason Napolitano to solicit Priyanka's participation in our Medical leadership Forum.

Richard (Dick) Jackson, a former state health officer and later CDC chief of environmental health, has recently rejoined CAPM. He is still teaching at UC Berkeley and as an Emeritus Professor at the Fielding School of Public Health, UCLA but just guest lectures. On March 29, he gave a lecture at St. Peter's University about his career in environmental health. He has been working for the last 15 years to reduce the carbon footprint of the "medical industrial complex," which is 8.5% of the U.S. total. For the last 3.5 years, the National Academy of Medicine has joined in the effort after initial resistance. An example of progress is that the rebuilding of the main teaching complex of UC San Francisco is aiming at net zero carbon emission. Stanford Children's Hospital is also making progress. Hospitals in general were never built for energy efficiency, and emit carbon both night and day. Another issue of interest to him is gun violence. In 1998, Congress prohibited further CDC research on guns, which at the time was receiving about \$20 million a year, much of it delegated to states or elsewhere. Under Biden, a much smaller amount of \$3-4 million for CDC and NIH has been restored, but a "lost generation" of future leaders has not been looking adequately at gun violence. In California, UC Davis was selected to coordinate gun violence research, but this has not been funded. At UCLA, the Emergency Medicine physicians were told to "stay in your lane" and ignore guns, but they argued that gun violence is their lane, and the School of Medicine leadership eventually decided to support that position. Yesterday, a dean from UCLA testified before a Senate committee on the need for data and research on guns. Dick presents expert testimony on various environmental health issues from time to time, and would like to be able to represent CAPM.

Howard Hu arrived at USC to head its Department of Preventive Medicine in July 2020, during the COVID pandemic. The department name has since been changed to Population and Public Health Sciences. Howard trained as an internist and in occupational and environmental medicine, and has a doctorate in epidemiology. He spent 16 years at Harvard and Brigham and Women's Hospital, including running the occupational and environmental medicine residency program for 10 years, then at the University of Michigan as the chair of environmental health for 6 years, then at the University of Toronto as Dean of the School of Public Health for 6 years, before being recruited to USC after a sabbatical. The department is large with 6 divisions and 3 institutes, "a large school of public health, still masquerading as a department in a medical school." Howard personally does environmental health epidemiology studies, including toxic metals and fluoride. A sustainability of health care campaign has been started, analyzing metrics on sustainability at 2,000 hospitals. He is working to develop a joint internal medicine/Preventive Medicine residency similar to UCLAs, but wants to re-envision what Preventive Medicine is about.

Jothan Staley is retired from a career in Occupational Medicine. He has reactivated his CAPM membership after a gap since 2014. Ron pointed out that this confirms the value of sending meeting and renewal notices to inactive members.

Prasad Acharya is a recent graduate of the CDPH residency program, where he worked with Aimee. He has worked with digital health startups to reach vulnerable populations. He works with

a government consulting firm, directing population health efforts. He has worked a lot with ACPM to help restructure the resident physician and young physician sections and the disability task force. He is currently Chair of the ACPM Membership Committee, and offered to help link up any CAPM members with the College. Prasad has been a director on the CAPM Board for two years and is the nominee for President-Elect for 2024.

Ron Hattis is also a former EIS officer with CDC, and worked for 10 years in a private practice of “Family and Preventive Medicine” on Kauai, Hawaii. He has worked in 3 county public health departments in California. He is retired from a 24-year career at Patton State Hospital, and since then has been working part-time in a variety of medical roles. He also is the secretary of the Beyond AIDS Foundation, which works to reduce gaps in public health follow-up to get patients into the HIV Care Continuum and to negative viral loads. He is the long-time CAPM Secretary-Treasurer, handling the “nuts and bolts” of our organization, and he is nominated for re-election to that position for another year.

3. Approval of Minutes: Last Annual Meeting, 11/30/22: Ron Hattis (see “handout”)

4. Treasurer’s Report: Ron Hattis (see “handout” in combined file)

- a. Full Calendar Year 2022 Balance Sheet
- b. Year-to-Date 2023 Balance Sheet (through October)
- c. Ellen Alkon Memorial Fund (current balance \$648.80)
This has been utilized to offer dues-free memberships to residents and medical students for three years or until fund depleted, whichever lasts longer.
- d. Website design budget: request authorization for \$1,000/year without needing special Board vote (expenditure 2022 was \$848.52 and hourly rate has since increased)

Actions: Ron moved and Jim seconded a motion to approve the 11/30/22 minutes, both balance sheets (full year 2022 and January-October 2023), and an increase in the budget for Web design to \$1,000 before needing further authorization from the Board. Mercy conducted the vote, and there were no objections.

5. Election of Officers; Recommendations of Nominating Committee (Mercy Kagoda, Chair, Jillian Martin, Prasad Acharya, Sumedh Mankar): **Nominees to Be Voted On in Bold Below.**

Automatically continuing Board of Directors Members listed but not highlighted The slate was distributed as per Bylaws with notice of this meeting from preventivemed@aol.com, on November 15. Does not require motion or second. Other candidates may be nominated from the “floor.”

President: Jillian Martin (automatic progression from current position of President-Elect)

President-Elect: Prasad Acharya (incumbent director, one year remaining in term)

Immediate Past-President: Mercy Kagoda (automatic progression of current President)

Secretary-Treasurer: Ronald Hattis (incumbent; offices again to be combined for 2024)

Director with 3-year term: Aileen K. Lo*

Director with 2-year term: Joannie Shen (automatic progression from 3 years to 2)

Director with 1-year term: (completing term vacated by Prasad Acharya): **Karen Studer***

Ex-officio resident board member: **Ali M. Duffens*** (UCSF joint IM/PM residency program)

All nominees in bold were introduced above, except Karen Studer, residency director at Loma Linda University and a current member of the American Board of Preventive Medicine, whose C.V. was distributed. There were no nominations from the floor.

*C.V.s for non-incumbents Lo, Duffens, and Studer are “handouts.”

Action: The above slate was approved unanimously. Ali’s term will begin immediately; the other terms will be for calendar year 2024.

6. **Remarks/Plans from Incoming President for 2024: Jillian Martin**

Jillian thanked the Academy for the opportunity to come in as President for 2024. Her job began in public health and moved into the area of risks of medications and risk communication. She hasn’t lived the “public health life” for a while, and appreciates coming back into it and hearing about the “amazing work” that everyone is doing. She hopes to extend Mercy’s vision by working with the new Membership Committee and to connect with residents to show them the various opportunities in this field. She hopes to communicate with members by email. She has two small children sharing her time.

7. **Report on CMA Resolutions and Council on Science and Public Health (CSPH)**

a. CMA Resolutions for 2022-23 including CAPM and CSPH positions: Don Lyman

A full discussion was deferred because Don was not able to make the meeting. Ron referred to three resolutions introduced to CMA in 2023 by CAPM, which have received favorable online testimony from CMA members but have not been officially reviewed yet by CSPH and the Board of Trustees:

106-23 - RESOLVED: That CMA give emphasis and reference to both the “social and environmental determinants of health” in its public health policies, and in its recommendations for graduate, post-graduate, and continuing medical education.

107-23 - RESOLVED: That CMA encourage collaboration among interested academic medical institutions, governmental departments, and medical organizations, to develop model patient health questionnaires that include social and environmental determinants of health along with relevant health history; and be it further

RESOLVED: That CMA encourage physicians to review positive findings on such questionnaires with patients during medical encounters; and be it further

RESOLVED: That this matter be referred for national action.

203-23 - RESOLVED: That CMA communicate with major electronic health record companies, to encourage them to build more features into their systems, such as prompts, pop-ups, and “active choice” referral provisions, that encourage the inclusion of evidence-based preventive measures in the treatment plan; and that automatically provide links to the CURES database when a controlled drug is prescribed, to the local immunization registry when a vaccine is ordered, and to the appropriate confidential morbidity reporting form when a reportable disease is diagnosed; and be it further

RESOLVED: That this matter (excluding reference to the California-specific CURES) be referred for national action.

b. Three policy resolutions which could be submitted as CMA resolutions in 2024 were approved at the last Annual Meeting. These have not yet been written in CMA format or submitted to CMA. Assistance from CAPM members in developing “Whereas” clauses and in fine-tuning are welcome: They may be most acceptable if three other CAPM resolutions already submitted are passed, on environmental determinants of health, inclusion of determinants of health in patient health questionnaires with provider review, and EHR linkages to reporting systems and more “active choice” prevention options. Those have had favorable testimony but have not yet been considered by CSPH and by the Board of Trustees.

- 1) **Resolved:** that CAPM support and encourage incorporation into medical education of social and environmental determinants of health, prevention issues, epidemiology of the diseases taught, and public health priorities, through development of dedicated courses and/or adjustments of pre-existing course and teaching content.
- 2) **Resolved:** that CAPM support and encourage the integration into routine medical practice of questioning about social and environmental determinants of health, prevention issues, and public health priorities, with the help of revised templates for medical histories and patient health questionnaires.
- 3) **Resolved:** that CAPM support and encourage the inclusion, in care plans in medical documentation, of efforts for prevention at each stage of disease, and for mitigation of social and environmental challenges and epidemiological risks faced by patients.
- 4) **Resolved:** that these resolutions and recommendations be referred to CMA, ACPM, CDPH, LCME, AOA, and/or other organizations and agencies as appropriate, for state and national action. Ron admitted that this position has not yet been done.

There were favorable comments on the first Resolved. The Board may consider a CMA resolution on that topic.

c. Other actions and plans of CSPH: Julie Vaishampayan, Aimee Sisson, and Olivia Kasirye

Aimee reported that the CSPH has been assigned to draft a major issue report on climate change for the CMA House of Delegates (HOD), emphasizing recommendations on what can be done in the healthcare industry. There will be no review of resolutions during the first

quarter of 2023-24 including the ones from CAPM listed in 7.b above. Julie and Olivia concurred.

d. Supporting CMA Climate Policy Development:

An informal group of CMA members calling themselves CMA Climate Champions has been working for strong CMA policies on climate. CSPH got individual input from members. Ron initially suggested a resolution commending their work, but Amy suggested that a resolution not mention CMA Climate Champions since they are not a formal entity but work as individuals, and suggested that some CAPM members might wish to add their own individual efforts. Ron then suggested that since we in contrast are an official specialty represented at CMA, we give positive feedback to CMA's climate efforts. Dick said that money, personnel, and the accreditation process have more impact than policy statements. "Personnel is policy." Stanford has received \$1 billion to work on climate change. The White House has a lot of money in the infrastructure bill for climate change. It would be a tragedy to miss the current opportunity, and a resolution could be helpful so that CMA is reminded not to miss it.

Action: After discussion, the following resolution was adopted without objection:

Resolved: That CAPM urge CMA to continue to adopt and prioritize effective climate policies.

Ron will notify CMA by December. This policy will authorize CAPM to support the CSPH report and other actions by CMA, and will encourage meaningful action at the HOD.

8. Postponement of Hybrid (In-person and Virtual) CMA House of Delegates 2023: Susan Bradshaw (Oral)

The House of Delegates meeting that would normally have taken place in October 2023 was postponed to February 2024, due to a strike at the scheduled hotel. Climate policies should be on the agenda, see also 7.c above.

9. Report on 2023 Legislation (see 2 "handouts"): Don Lyman, Ron Hattis

Don was unable to attend this meeting. Ron encouraged members to review the two handouts on bills that CAPM became involved with.

10. Medical Leadership Forum for Prevention and Public Health Report: Ron Hattis, Sumedh Mankar; <https://www.capreventivemed.org/medical-leadership-forum/>

In Memoriam: Mark Horton, first chair of the Forum and past CAPM Board member, passed away 3/18/23. Ron was elected Chair to take his place, and Sumedh Mankar was appointed as Vice-Chair.

Ron invited members to look at minutes of the Forum meetings since last CAPM Annual Meeting. They are listed here in reverse chronological order (minutes of three are already posted on the CAPM Website):

Forty-first Forum Meeting, December 12, 2023 (upcoming): Featuring expansion of Medi-Cal and plans for CalAIM program

Fortieth Forum Meeting, September 12, 2023: Featuring new developments in addressing opioid/substance overdose crisis

: Featuring some selected important causes of recent increases in deaths

[Minutes of the Thirty-eighth Forum Meeting, March 14, 2023](#), Featuring recent increases in mortality and reductions in life expectancy

[Minutes of the Thirty-seventh Forum Meeting, December 13, 2022](#): Featuring curriculum proposals for schools of medicine and public health, on social and environmental determinants of health, and public health and prevention priorities

Jessica suggested that future meetings take up environmental health issues (with Dick as a potential presenter), violence, and aging (with the director of the California Department of Aging as a resource).

11. Other New Business

Dick reported that CDC has eliminated its Preventive Medicine residency program, which Dick himself, his son, and Bob had attended, apparently because of difficulty meeting some bureaucratic requirements from the American Board of Preventive Medicine. He also wrote in the chat that the Association of Schools of Public Health has dropped its environmental health requirement.

12. Next Annual Meeting: Autumn 2024