



Annual Meeting, Thursday, November 30, 2022, 7:00-8:30 p.m.

MINUTES

The meeting was held virtually for the third year in a row, using CAPM's professional Zoom account. Files identified below as "handouts" were attached to the final cover email for the meeting announcement.

1. Roll Call: 17 Members and Guests

The meeting was convened by President Aimee Sisson. Each attendee was invited to give a brief introduction and then select the next person to do the same. The following summarized remarks are in the order presented.

- **Aimee Sisson** introduced herself as the current CAPM President, and her "day job" is as Yolo County Health Officer.
- **Kathleen Acree** was a longtime employee of the California Department of Health Services (DHS), and retired in 2012 from the California Department of Public Health after about a 50-year career in public health, CDPH. (DHS split into that department and the Department of Health Care Services in 2007.) She maintains an interest CAPM and some other organizations, and in residency training for public health physicians. Ron Hattis acknowledged her generosity to CAPM over the years.
- **David Dassey** has been retired for 8 years from a career as a public health epidemiologist, working in 4 California counties. The longest stretch was for Los Angeles County as a Communicable Disease epidemiologist.
- **Jim Stratton** mentioned that he was a classmate of David at the UCB School of Public Health in 1980. He is also a retired public health physician. During his career, he worked at CDC, and at DHS and at the Office of Health Hazard Assessment (which started as part of DHS and is now part of the state EPA). He then became the State Health Officer under two administrations.
- **Drew Wallace** was participating from Washington, DC, representing the American College of Preventive Medicine (ACPM), where he is the manager of communication and advocacy, including advocacy for legislation, social media, and Web site. Ron Hattis noted that Drew also represented ACPM at last year's Annual Meeting of CAPM. Drew will comment on federal legislation later in the meeting.
- **Thea Papasozomenos** has been the Assistant Health Officer for Stanislaus County, and this week was informed that she will be the new Health Officer, succeeding Julie Vaishampayan. Members of the group congratulated Thea.
- **Jessica Nunez de Ybarra** is the Community Health Medical Administrator at CDPH, assisting with public health funding, and "having a great time." Jessica is a past-president of CAPM. She will have a report later in the meeting.

- **Josh Hoffner**, a CDPH Preventive Medicine resident, has been assigned to Yolo County where he has been enjoying working with Aimee Sisson.
- **Robert Gunn** is also a retired medical epidemiologist. He worked for CDC for about 30 years, and was assigned to assist the San Diego County Department of Public Health, leading the STD and hepatitis programs. He also was a faculty member at UC San Diego in the Division of Preventive Medicine. The most recent thing he did with the university was to serve on the COVID team. He remains an “Adjunct Professor Emeritus.”
- **Don Lyman** is another retired public health physician. He currently handles CAPM legislative matters in Sacramento, and is a past-president. His public health career began at CDC and the State of New York before employment with the State of California.
- **Mercy Kagoda** works as one of the medical directors at the Inland Empire Health Plan (IEHP). She is President-Elect of CAPM.
- **Kay Hooshmand** is a Preventive Medicine/public health physician and works as a physician specialist for the Los Angeles County Department of Public Health, where she has had a number of different assignments. She is currently working on Salmonella and Shigella at the district level, which she said is more relaxing than other recent assignments, including deputy lead of the monkeypox treatment team, and before that directing responses to some of the biggest COVID outbreaks in the county. She said she was honored to be among colleagues with such esteemed careers.
- **Margaret Ryan** is an Occ Med and Preventive Medicine physician with the military’s Defense Health Agency, in charge of multi-service immunization programs of the Pacific Region. Vaccines are administered in about 300 locations. She also works part-time at the UCSD School of Public Health, teaching undergraduates and helping to support the Preventive Medicine residency.
- **Linda Hill** is also at UC San Diego School of Public Health, as Assistant Dean and director of several large projects there including transportation safety. Linda is a past-president of CAPM. She was the longtime director of the Preventive Medicine residency, but has turned that position over to Jill Waalen.
- **Mark Horton** practiced pediatrics for 18 years, then became director and Health Officer of the Department of Public Health for the state of Nebraska. Subsequently, he was health officer for Orange County, and then became the first director of the California Department of Public Health after it split from DHS in 2007. For the past 10 years, he has been working for the Public Health Institute as a leadership coach, for coalitions across the state working on the opioid epidemic. Since last December, he has been fully retired, but services on the Dean’s Advisory Council for UC Berkeley School of Public Health, and the Health Care Foundation of Orange County. Mark is also Chair of CAPM’s Medical Leadership Forum.
- **Julie Vaishampayan** is Stanislaus County Health Officer but will be retiring December 31. She is a past-President of CAPM and has been appointed as a new member of the CMA Council on Science and Public Health.

- **Ron Hattis** introduced himself as the longtime CAPM Secretary Treasurer. Since retiring as Chief of Medical Services at Patton State Hospital at the end of 2008, he has held a number of interesting part-time positions. For part of this year, he assisted the Health Officer of San Bernardino County, and he is currently teaching part-time at a new medical school, the California University of Science and Medicine in Colton, CA.

2. Greetings from 2022 President: Aimee Sisson

Aimee welcomed everyone and commented on the advantages and disadvantages of remote meetings, of which this is our third. She thanked everyone for the privilege and honor of serving as President during 2022. If she has not been the most “stellar” of Presidents, it is because of the rigor of being a local health officer at this time. She said that 2022 has been quite a year, and recalled that approximately a year ago, the Omicron variant appeared, which has wreaked havoc on our lives. She noted that public health specialists have probably never been more relevant...nor more exhausted! During this year we have had to deal with COVID-19, monkeypox, avian influenza, and now RSV, just in the communicable disease area, not to mention growing epidemics of opioid overdoses, mental illness, and violence. She thanked everyone for their collective efforts and the work they do every day, and said we have made great progress but have a lot of work yet to do.

3. Approval of Minutes: Last Annual Meeting, 12/2/21: Ron Hattis (see “handout”)

Ron pointed out the history of the Medical Leadership Forum starting at the end of 2014, which was documented in the minutes. These minutes were distributed in advance to solicit any corrections. No additions or corrections were offered at this time. Ron moved acceptance, seconded by Don.

Action: The minutes were approved unanimously.

4. Treasurer’s Report: Ron Hattis (see “handout”)

A. Full Calendar Year 2021 Balance Sheet

B. Year-to-Date 2022 Balance Sheet (through October 31, 2022)

Ron explained that our bank account includes two special funds with restricted uses. The Bera Fund of \$769.97 is left over from a former program of legislative seminars in Sacramento for Preventive Medicine residents around the state, and entrusted to our care. If these seminars are resumed, we can turn over the money. The Alkon Memorial fund (see balance below), contributions in honor of the late Ellen Alkon), can be used for “dues-free memberships and future travel costs for resident and medical student members to attend CAPM or CMA meetings, and/or for work on special educational, research, or legislative projects for CAPM...”.

Ron also said that the balance we have built up (\$13,872.41 as of October 31) is in large part thanks to travel having been cancelled and CMA meetings being virtual for the last three years. At this point, we could decide to support some special projects. We have only raised about \$715 in dues so far this year and it is time for renewals.

Ron moved approval of sheets a. and b. Mercy Kagoda seconded.

Action: The balance sheets were approved unanimously.

- C. Proposal to utilize the Alkon Memorial Fund (current balance \$678.80) to offer dues-free memberships to residents and medical students for three years, or until the fund is depleted if sooner. Ron moved approval of this and Donn Lyman seconded. Jim Stratton moved to amend that this be dependent on attendance at an annual meeting. Ron offered a friendly counter-amendment to offer the alternative option of other evidence of active participation. Kathleen Acree seconded.

Action: The amended motion, using the Alkon fund for 3 years (unless depleted earlier) to offer dues-free medical student and resident membership on condition of attending an Annual Meeting or providing other evidence of active participation, was approved unanimously,

5. Greetings from American College of Preventive Medicine (ACPM) Representative: Drew Wallace

Drew appealed for ACPM membership renewal, and announced that the deadline for abstracts for presentations at the next annual Prevention meeting is tomorrow (December 1, 2020), which was also mentioned by Linda Hill. That meeting will be held in New Orleans March 20-23, 2023.

ACPM is currently reviewing its legislative agenda for 2023. Top priority is still PrevMed residency funding. The President's budget and the Senate and House versions all contain a modest \$1 million increase in residency funding through HRSA, not as much as we would like but the first increase in about a decade. Virtual training on public health and Preventive Medicine will be offered to new Congressional staff, and will be open to the general public. A date has not yet been set. Virtual meetings at the Capitol are planned for late February and early March, before the ACPM Prevention meeting. ACPM recently released a course on "Ten Essentials of Public Health Services," for medical colleagues. Videos will also be produced on what public health is, what Preventive Medicine is, and what Preventive Medicine physicians do. There will be related outreach to other physicians and to the general public.

Julie Vaishampayan said that she heard through IDSA that there may be legislation introduced on medical school debt forgiveness for physicians practicing in public health and Preventive Medicine, and asked whether ACPM was aware of this and supporting it. Thea Papasozomenos asked if this was different from loan forgiveness for 10 years in public service. Drew said that he believed it was a separate, newer program, and that HRSA already has funding for loan

forgiveness for physicians practicing in public health and primary care. He offered to track the details. Kathleen Acree advocated that public health departments be listed as places where physicians could work to qualify for loan forgiveness for work in public health. Ron Hattis asked Drew to obtain information and to send to him and he would forward to the Board and to Kathleen and Julie, and he agreed. Ron also asked for a study on what the increasing number of physicians obtaining MPH degrees (in the increasing number of dual degree programs or separately) but not working in public health departments are doing with that training. Does an MPH influence their clinical practice? Drew said that ACPM has a close working relationship with ASTPH and that he would reach out to them on that subject.

Aimee thanked Drew for his report and recognized the late hour on the East Coast.

6. Election of Officers; Recommendations of Nominating Committee (Aimee Sisson, Chair, Mercy Kagoda, Prasad Acharya): **Nominees to Be Voted On in Bold Below**; Automatically Continuing Board of Directors Members Listed but Not Highlighted; this slate and CVs were distributed with advance notice of this meeting from preventivemed@aol.com, on October 28

President: Mercy Kagoda (automatic progression from current position of President-Elect)

President-Elect: Jillian Martin (incumbent director, completing term)

Immediate Past-President: Aimee Sisson (automatic progression of current President)

Secretary-Treasurer: Ronald Hattis (incumbent; offices again to be combined for 2021)

Director with 3-year term: Joannie Shen

Director with 2-year term: Prasad Acharya (automatic progression from 3 years to 2)

Director with 1-year term: Thea Pappasozomenos (automatic progression from 2 years to 1)

Ex-officio resident member to succeed Robert West, to serve through end of residency: To be appointed by Board (either the 2022 or the 2023 Board depending on the date). Jessica Nunez de Ybarra suggested Josh Hoffner, and Josh indicated interest; but Ron Hattis noted that he would have to fill out a resident membership application first (which would be free based on the resolution approved at this meeting).

Aimee reviewed the slate. Jillian Martin, who has experience on the CAPM Board, was unable to attend tonight due to a sick child, and Joannie Shen, who recently served as ACPM Treasurer, is ill today. Ron said that the slate (with the members to be voted on being Martin, Hattis, Shen) was automatically a motion by the Nominating Committee. Jim Stratton seconded the slate. There were no other nominations from the floor.

Action: The slate was approved unanimously.

Ron Hattis offered to coach anyone willing to take over as either Secretary-Treasurer or separately as Secretary or Treasurer in 2024. We have had three long-serving Secretary-Treasurers, (Richard Sun, Don Lyman, and himself), so there is a tradition of multi-year service but no one can continue forever.

7. Remarks/Plans from Incoming President for 2023: Mercy Kagoda

Mercy said it was an honor to serve as the next President. She thanked Ron Hattis for the time and passion he has devoted to CAPM, past-presidents of the organization, and everyone on the call, without whom we would not have an organization. She hopes to get to know everyone better. She does not want to make promises at this time. Ron Hattis mentioned discussing with Mercy the need for new and younger member recruitment, with which she agrees. One method is to exchange rosters with ACPM, so that each organization can invite physicians who only belong to the other.

8. Proposed Policy Resolution: Ron Hattis

A. Resolved, that CAPM support and encourage incorporation into medical education of social and environmental determinants of health, prevention issues, epidemiology of the diseases taught, and public health priorities, through development of dedicated courses and/or adjustments of pre-existing course and teaching content.

Discussion: Aimee Sisson expressed support for this resolved. She expressed doubt that schools will add new courses, but said that changing existing course content is something we should try for. Ron said that the December 13 Medical Leadership Forum will deal with the topics in the first three “resolved” clauses. It will have presentations from two schools that have added new courses (CUSM and USC) and from one that has changed course content (UC Davis). Jessica Nunez de Ybarra said that she was totally supportive, and noted that “support and encourage” is very “generous” allowing us to clarify ways to promote these changes to academicians in medical education. She suggested that “whereas” clauses could be written to point out that health is changing, and it is not too soon to take these issues very seriously because requirements are likely to move in the direction of requiring documentation on social determinants of health. Ron said that he had not composed “whereas” clauses, which do not survive as parts of resolutions. He emphasized the importance of certain portions of his wording, such as adding “environmental” to social determinants of health. Medical schools are adding content on racism and health inequity, and are under pressure from accreditation bodies to do so, but epidemiology and public health priorities are not commonly included, and that could be a CAPM “angle.”

B. Resolved, that CAPM support and encourage the integration into routine medical practice of questioning about social and environmental determinants of health, prevention issues, and public health priorities, through revised templates for medical histories and patient health questionnaires.

Discussion: Jessica said that CMS is likely in the future to require questions about social determinants of health, so it would behoove academicians to incorporate these questions now. It will be a challenge to explain to practicing physicians of the future why these details need to be put into the medical record may is going to be a challenge. Ron said that so far there is little evidence in medical literature that changes in the longstanding standard medical history questions, and health questionnaires that patients are asked to complete, have been developed to incorporate questions on these determinants. Medical students have been sensitized to

appreciate that somewhere in the community, there are persons who have been impacted by structural racism, poverty, food and housing insecurity, etc., but they usually are unaware of whether the patient in their exam room right now is one of these. For the December 13 meeting, Ron will be showing slides suggesting a project to develop new templates of questions for providers to ask, as well as health questionnaires for patients to complete, that deal with these issues. CAPM could be part of such a project, working with faculty, students, and residents from one or more medical schools to promote our perspectives.

C. Resolved, that CAPM support and encourage the inclusion in SOAP note plans of efforts for prevention at each stage of disease, and for mitigation of social and environmental challenges and epidemiological risks faced by patients.

Discussion: Thea Papisozomenos suggested that instead of SOAP notes we refer to medical documentation. Ron accepted “care plans in medical documentation” as a friendly amendment.

D. Resolved, that these resolutions and recommendations be referred to CMA, ACPM, CDPH, LCME, AOA, and/or other organizations and agencies as appropriate, for state and national action.

Discussion: Kathleen Acree said that young physicians need some knowledge about these matters and about what public health does. She approved of sending the resolution to organizations that do the teaching, for action, and said the way the overall resolution is written is OK. Ron said we need to promote these same approach in continuing medical education, because there are a lot more physicians in practice than in training. Mark asked to add Department of Healthcare Services (DHCS) to “resolved” D. Josh Hoffner asked to add AMA. Kay Hooshmand suggested adding CMS, and offered to research whether it could be added as an “other appropriate” agencies. She also recommended ACGME. Ron accepted DHCS, AMA, and ACGME as friendly amendments.

Ron moved approval of all four “resolved,” including the amendments to C. and D. Jessica seconded.

Action: The amended resolution, including parts A through D, were approved unanimously.

9. Opportunities in the Coming Year for State and Local Public Health, Including with California Advancing and Innovating Medi-Cal (CalAIM), and Future of Public Health Funds: Jessica Nunez de Ybarra

Jessica said that from the standpoint of her position in Community Health at the California Department of Public Health (CDPH), she sees opportunities over the coming months. \$300 million state general fund dollars have been approved to bolster public health infrastructure, as the “Future of Public Health” fund. Although there is an assumption that this funding will be continued annually for at least 5 years, there is always a possibility of reductions, because the budget must be approved each year by the Legislature, reduced revenues are anticipated if a recession develops, and a balanced budget is required.

About \$200m of this is being distributed to local public health departments. She encouraged local health departments to spend their allocations during the current fiscal year. New hires are supposed to take up 70% of this money.

The “Future of Public Health” fund includes almost \$100m in state operations funding for CDPH in 6 focus areas:

- Workforce development and enhancement
- Emergency response capabilities
- Data use/technology
- Communications
- Community engagement
- Community health improvement

In addition to this funding, a CDC grant for infrastructure is expected by CDPH within coming days.

A vendor will be hired to assist, starting early in 2023, in strategic planning for sustainable financing of prevention through public health programs. Consultation in health economics will also be procured.

Jessica proposes that a billing system be developed for prevention services, that would be standardized for all payers including Medi-Cal.

The California Department of Health Care Services (DHCS), which funds Medi-Cal, has received a federal waiver to develop innovative services in its new CalAIM program, which will promote prevention and population health, including:

- Enhanced care management
- Community support
- Population health management

CDPH will collaborate with DHCS to consider better ways to refer and reimburse services for the following:

- Expansion of current home visits for high-risk first time mothers
- School-based screening services
- Oral health for children
- Suicide prevention for teens

Existing funding and Medi-Cal billing will be used. In this sense, CDPH will be “leveraging” the new approved uses of Medi-Cal funding in the CalAIM program.

The California Health and Human Services Agency is promoting the development of data standards for health information exchange, e.g., between public health and social services, and voluntary data-sharing agreements among providers will be available for signature early in 2023.

In addition, the University of California Office of the President is sponsoring an formalized academic partnership between UC Health (involving all UC campuses) and CDPH. Research findings relevant to public health are to be “pinpointed.”

10. Report on CMA Resolutions and Council on Science and Public Health (CSPH)

A. CMA Resolutions for 2021-22 including CAPM and CSPH positions (see “handout”): Don Lyman

Don said that of all resolutions submitted to CMA (by members through an online process), 1/3 to 1/2 usually deal with science and public health. The council that deals with such resolutions (CSPH) was most recently chaired by Jessica Nunez de Ybarra (and formerly by Don). The handout lists resolutions dealt with by that council during the past year. CSPH vets the submitted resolutions and online testimony, does editing and makes recommendations, and passes them on to the Board of Trustees, which makes the final decisions. The handout list of resolutions includes some from recent prior years that had been deferred during the pandemic. The list shows the CAPM positions voted by the Board, the CSPH actions, and Board of Trustees decisions.

B. Other CSPH information: Jessica Nunez de Ybarra, Aimee Sisson

Jessica has completed her brief service as Chair. Aimee said that the council has not met recently. Public health (and CAPM) representation will be substantial, with Aimee, Julie Vaishampayan, and Olivia Kasirye. In addition, Don Lyman will be a consultant.

11. Recent In-person CMA House of Delegates (HOD), October 22-23, 2022: Don Lyman (Oral)

Don attended this session, which was the first held in person in about 3 years. Last year’s HOD was cancelled due to a resurgent wave of COVID. The HOD no longer reviews ordinary online resolutions, but instead there are educational sessions on key topics, focusing around special reports that have recommendations, which the HOD considers. The 2 topics considered this year work force reform, with 17 recommendations that were approved, and health care reform, with 2 recommendations similarly approved. Those recommendations became special resolutions and were passed on to the Board of Trustees. Although not the case this year, over recent years, 1/3 to 1/2 of the special topics for the HOD have been public health related.

12. Report on 2022 Legislation (see “handout”): Don Lyman

Don said that we have considerable influence on the legislative process through our partnership with CMA. Of about 3000 bills introduced annually to the Legislature, we generally select about

10 or so to work with, advocating for or against or urging amendments. Ron Hattis writes letters to the bills' authors. Don meets with legislative staff, which has been complicated by their being scattered among many buildings while the office portion of the Capitol is being rebuilt. When he does this, Don finds himself welcomed by staff who usually are approached by highly-paid lobbyists on one side of an issue. We are known as a dispassionate group speaking to facts, and we have the ear of those staff and of one or the powerful lobbying groups, CMA. Before the current reconstruction, Don was over at the Capitol so frequently he was known as "The Doctor." The handout listed 12 bills that we followed, the CAPM positions, and the final status.

13. Ideas for 2023 CMA Resolutions, Legislation, and Policy Advocacy: General Discussion; Suggestions to be Referred to Board

No proposals were presented at this time. The Board of Directors will be available on a continuing basis to review ideas that members may submit. Ron Hattis invited emails to the address he uses, preventivemed@aol.com.

14. Medical Leadership Forum for Prevention and Public Health Report: Mark Horton; All Minutes Posted at <https://www.capreventivemed.org/medical-leadership-forum/>

Mark Horton had to leave the meeting for another obligation, so Ron commented on the upcoming meeting on December 13. The special topic will be methods of implementing new curriculum content at schools of medicine and public health, and hopefully in CME new courses, revised course content, and changes in medical history templates to incorporate social and environmental determinants of health.

Forum meetings since last CAPM Annual Meeting. He referred to the minutes on our Website, linked below, and to the special topics as listed. These were, in reverse chronological order:

[Minutes of the Thirty-sixth Forum Meeting, September 13, 2022](#), Featuring How to Include Nine Important Public Health and Prevention-related Subjects to Medical School Curricula (Draft)

[Minutes of the Thirty-fifth Forum Meeting, June 14, 2022](#), Featuring Preventive Cardiology

[Minutes of the Thirty-fourth Forum Meeting, March 08, 2022](#), Featuring Public Health Education to Medical Students, Residents, and Practicing Physicians

[Minutes of the Thirty-third Forum Meeting, December 14, 2021](#), Featuring Impacts of the COVID Pandemic on Medical Education, Clinical Medical Practice, Public Health, and Non-COVID Mortality

15. Other New Business

Jessica Nunez de Ybarra will review the budget, to check in case there is a line item for Preventive Medicine residency funding. In that event, CAPM should write a letter thanking the Governor. Ron Hattis said that there is flexibility in the use of the \$300 million infrastructure fund, and it would be possible to use small amounts of it to help support CDPH residents, and other residents

rotating at local public health departments. Jessica noted that all requests for budgetary increases addressed to the Department of Finance have been answered by referring to that money as the only pool of money that public health should use for whatever needs.

16. Next Annual Meeting: Autumn 2023

Aimee Sisson expressed the hope that next year's Annual Meeting can be in person with a Zoom option. Ron Hattis reminded those still present that renewals of membership are needed.

Submitted by Ronald P. Hattis, Secretary-Treasurer

Minutes approved at Annual Meeting, 11/29/23