



**Annual Meeting, Thursday, December 2, 2021, 5:30-7:00 p.m.**  
**Virtual, via CAPM's Professional Zoom Account**

**MINUTES**

Ron Hattis announced that the meeting would be recorded.

Handouts were attached to final cover email.

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**1. Roll Call Including Introductions; 19 Participants; Each Chose the Next**

- Sumedh Mankar, our current President, practices clinical family medicine and runs the vaccine programs for his CareMore Health medical group in Modesto, including influenza and COVID procedures and staff training.
- Don Lyman announced the birth of his first grandchild in Portland, OR. He had a public health career of about 45 years with CDC, New York state, and California. He is currently our delegate to CMA and our Legislation Chair, and was the former (and first) chair of the CMA Council on Science and Public Health.
- Linda Hill is interim Assistant Dean of the new UCSD School of Public Health, and has a cross-appointment with the School of Medicine (in Department of Surgery where she teaches injury prevention). For many years, there was a department uniting Family Medicine with Preventive Medicine, but only about 20% of the PrevMed physicians at UCSD remain with Family Medicine in the School of Medicine, the remainder having transferred to the School of Public Health. She has been involved with clinical care for underserved populations including in health screening of asylum seekers. She also continues her work on transportation safety, and as director of the PrevMed residency.
- Drew Wallace is representing ACPM in Washington, DC, where he manages Communications and Advocacy including media relations, social media, a newsletter, and work on the Website. He also advocates for increased funding for PrevMed residency training at Capitol Hill.
- Jillian Martin graduated from the CDPH PrevMed residency in 2008 and worked there for a year and a half. She subsequently did an ACPM fellowship and then worked for Merck on post-marketing safety, both of the latter in Pennsylvania. For the past 9 years has been back in California with Genentech in the clinical safety group, looking for pre and post-marketing adverse events. She wants to increase her involvement with public health, and CAPM provides that opportunity.
- Aimee Sisson, our President-Elect, has been newly appointed to the CMA Council on Science and Public Health. She is also our alternate delegate to CMA. She worked for CDPH for 10 years after graduating from their PrevMed residency, her final assignment

being director of the CDPH residency. She was health officer at Placer County and for the past year has been the Yolo County health officer, working long hours on COVID-19.

- Jessica Nunez de Ybarra, a past-President of CAPM, is Chief of the CDPH Branch of Chronic Disease and Injury Prevention, which includes the PrevMed residency (currently directed by Caroline Peck). She has recently been surprised and honored to be appointed as Chair of CMA's Council on Science and Public Health, and thanked CAPM for supporting her nomination. She is also the longtime President of the Sacramento County Latino Medical Association.
- George Rutherford, another CAPM past-President, is Professor of Epidemiology, the director of the Institute for Global Health Sciences, and director of the PrevMed residency at UCSF, where he has worked since 1997. He worked for CDC for several years, and is a past state epidemiologist and then state health officer. Despite the large international portfolio of the global health program, he said that COVID has kept him busy 16-18 hours a day.
- Jim Stratton started out at CDC, earned his MPH at UC Berkeley, and joined state public health in California where he worked with the state's Environmental Protection Agency before becoming state health officer following George's term. He has been retired for 16 years.
- Susan Bradshaw, another past-President of CAPM, works for the Los Angeles County Department of Public Health in chronic disease and injury prevention. For most of her career, she worked with tobacco control, but now has additional project areas. She recently completed a fellowship in Integrative Medicine.
- Rob West is the outgoing Chief Resident of the Loma Linda PrevMed residency, and will be continuing as an Occupational Medicine fellow in 2022. He is also interested in mental health and in telehealth, the topic of his MPH dissertation and which he has used recently for a project in alcohol screening of marginalized persons.
- Alice Jean, a guest at this meeting, is a third year Family and Preventive Medicine resident at Loma Linda. She majored in environmental science. She is looking into the CDC's EIS, global health, and integrative medicine. In college, she was an environmental science major. Ron Hattis mentioned that several members at this meeting are EIS alumni and could share their experiences.
- Ron Hattis is CAPM's longtime Secretary-Treasurer of CAPM (essentially the unpaid staff for this organization, following Don Lyman in that role), and another past-President. He is a former EIS Officer at CDC, and was briefly the Riverside County health officer. He is semi-retired after a career as Chief Physician for Patton State Hospital which included heading infection control and mentoring a rotation for Loma Linda Preventive Medicine residents. Since retirement, he has done part-time "gigs" in a variety of settings, including as an HIV clinician, student health at Loma Linda, and primary care. In 2022, he expects to work assisting the San Bernardino County health officer.
- Mark Horton, the Chair of CAPM's Medical Leadership Forum since it began in 2014, had a career as a pediatrician before becoming state health officer in Nebraska for 6 years. He

moved to San Diego and worked at the Center for Child Safety at the Children's Hospital. He later became health officer in Orange County for over 5 years, and then was the first director and state health officer in California after CDPH was split off as a separate department in 2007. His current position since 2011 has been with the Public Health Institute in Oakland, at their Center for Public Health Leadership and Practice. He expects to retire at the end of this month.

- Thea Papasozomenos has been assistant health officer for Stanislaus County for almost 4 years. She did her PrevMed residency at the University of South Carolina.
- Rob Oldham, another past-President of CAPM, is a psychiatrist as well as PrevMed specialist, and trained in both at the Medical College of Virginia. He is the former health officer of Placer County, and has returned there as interim health officer (since Aimee Sisson moved to Yolo County). Other positions he has held include work for Fresno County, Director of Health and Human Services and Chief Psychiatrist for Placer County, and a psychiatric position for Sutter Medical Group. He is a CMA trustee and a past Chair of the CMA Council on Science and Public Health (following Don Lyman's term).
- Mercy Kagoda, a former CAPM Treasurer, is one of the Medical Directors for the Inland Empire Health Plan (IEHP), a joint-powers agency for managed Medi-Cal and Medicare in San Bernardino and Riverside Counties. She was briefly a former deputy health officer in Fresno County, and has worked for Kaiser and at federally qualified health centers. She is a graduate of the Loma Linda PrevMed residency program.
- Christopher Wood, like Rob Oldham, is jointly trained in psychiatry and public health, and formerly practiced in Hawaii where he grew up. He has been doing geriatric psychiatry for the past 10 years, mostly in the Sacramento region, and telemedicine in Stanislaus County. He wants to incorporate public health in his practice.
- Kay Hooshmand joined late and did not provide an introduction.

## **2. Greetings from President: Sumedh Mankar**

Sumedh expressed his appreciation for the opportunity of leading this organization, which he described as "small but mighty" and very active, with a lot of talent. He noted that fighting COVID has occupied much of the time and efforts of many of our members, and collectively we have had an impact on that pandemic. Ron Hattis praised Sumedh for being one of the best and most active and responsive Presidents in recent years.

## **3. Approval of Minutes: Last Annual Meeting, 12/6/20: Ron Hattis**

The minutes were attached to the announcement email. There were no additions or corrections proposed. Months ago, they were distributed for input to attendees who had taken an active part.

Action: Ron Hattis moved and Jim Stratton seconded to approve these minutes. Minutes were approved unanimously.

#### 4. Treasurer's Report: Ron Hattis

- a. Full Calendar Year 2020 Balance Sheet: A handout was attached to the announcement email, and also shared on the screen. Our income was \$2,581.00 and expenditures were \$1,247.17. As of the end of 2020, our balance was \$11,213.03. Last year, we reviewed 2020's balance sheet through November, so this simply added a month to make up the full year.
- b. Year-to-Date 2021 Balance Sheet (through 11//9/21): A handout was attached to the announcement email, and also shared on the screen. Our income so far this year has been \$2,256.79 and expenditures have been \$509.12. As of 11/9/21, our balance was \$12,960.70. To make the accounting simpler and easier to compare with the bank statements, starting with 2021, income consists of the net bank deposits after PayPal fees have been deducted (previously, intended dues and donations were listed as income and PayPal fees were considered as expenses). Also to help compare with bank statements, dues and donations deposited are added together rather than listing them separately. However, on a separate sheet not presented here, PayPal fees are tracked and dues are distinguished from donations, to the extent possible.

Action: The two balance sheets were shown on "Share Screen." George Rutherford moved and Don Lyman seconded to approve a. and b., which passed unanimously.

- c. CAPM subscription to premium Zoom account: Starting this year, CAPM has subscribed to Zoom at a cost of approximately \$150/year. Zoom is used not only for this meeting but for quarterly Medical Leadership Forum meetings. Ron Hattis asked for permission to allow allied and like-minded organizations (like Beyond AIDS Foundation) and physicians to utilize the account for meetings, at no added expense to CAPM.

Action: There was no objection to such shared use of our Zoom account.

#### 5. Election of Officers; Recommendations of Nominating Committee

The committee consisted of Sumedh Mankar (chair), Aimee Sisson, and Julie Vaishampayan. **Nominees to be voted on are listed in bold below.** Automatically continuing Board of Directors members are listed but not highlighted. This slate (together with CVs) was distributed with an advance notice of this meeting from [preventivemed@aol.com](mailto:preventivemed@aol.com), on October 28.

President: Aimee Sisson (automatic progression from current position of President-Elect)

**President-Elect: Mercy Kagoda**

Immediate Past-President: Sumedh Mankar (automatic progression of current President)

**Secretary-Treasurer: Ronald Hattis** (incumbent; offices again to be combined for 2021)

**Director with 3-year term: Prasad Acharya**

Director with 2-year term: Thea Papasozomenos (progression)

**Director with 1-year term: Jillian Martin** (fill-in for Christen Cuevas; who is resigning)

Appointee: Ex-officio resident member to succeed Angelo Asheh;

**Robert West**, to serve through year of 2022, at Loma Linda.

Action: The Nominating Committee presented this slate as a motion. The Board has the authority to approve the ex-officio resident, but in this case he was added as part of the slate. There were no other nominees. The slate was approved unanimously.

## **6. Remarks/Plans from Incoming President for 2022: Aimee Sisson**

Aimee said she is honored to have the opportunity to serve as next year's President. She discussed the public health impact of COVID on the field of Preventive Medicine. We would like 2022 to be a year of post-pandemic recovery and a return to normal, but "we aren't there yet," and she expects it to be the third year of the pandemic. As a local health officer, her life for the last 2 years has centered around COVID-19. She has spent nights on a cot in her office, faced intimidation including death threats, and felt the need to resign in protest over the failure of one Board of Supervisors to seriously address the pandemic. "What a ride this pandemic has been," she said, mentioning the Delta surge and the possibility of an even worse variant in the form of Omicron. She said that it makes sense to prioritize pandemic response, support and resources for state and local public health departments and officials, and health equity, in our work as the California Academy of Preventive Medicine for 2022. If the pandemic does subside in 2022, we can add priorities related to recovery, including after-action post-mortem analyses, to be sure that public health leaders learn from the failures and the successes.

Bright spots include prospects for ongoing and increased funding for local public health in the state budget, which can move us past the "boom and bust cycle" that has plagued public health for decades, and can allow us to build much-needed infrastructure through greater staffing. Another bright spot is greater public familiarity with public health, such as what an epidemiologist is. More people are now aware of the field of public health, which has become a household name, even though media coverage has not always been positive. More talent may be attracted to the field. Greater use of remote meetings has permitted more people to participate. She looks forward to working with all of us.

## **7. Greetings from American College of Preventive Medicine (ACPM) Representative**

Drew Wallace greeted our meeting on behalf of ACPM, and expressed the interest of the national organization in closer relations with CAPM than in the past. An in-person Prevention meeting will be held in Denver in June, and registration has opened. He mentioned that a pressing issue is the closure of the combined Family and Preventive Medicine residency at Loma Linda. A silver lining to the pandemic is greater interest of medical students in Preventive Medicine, and ACPM is working to assure more residency slots. Sumedh Mankar, who attended that combined residency program at Loma Linda, noted that the school is continuing its straight PrevMed residency.

## **8. Report on CMA Resolutions for 2020-21: Don Lyman**

Don reviewed and shared on the screen a 4-page handout on recent CMA resolutions relating to public health issues, which was also an attachment to the meeting announcement. In the past, the House of Delegates debated and approved CMA resolutions, once a year. He described the current process, which is supposed to work on a quarterly basis. Any CMA members can author a resolution, which then is referred to one of the councils. We are particularly interested in those referred to the Council on Science and Public Health (CSPH), about 1/3 to 1/2 of all the resolutions, indicating a strong interest in public health issues among CMA members. The councils make recommendations and/or amendments, and the CMA Board of Trustees makes final decisions. The process was “beginning to mature” when COVID struck, but since then it has not flowed well. As an example, some 2019 resolutions have not yet reached the Board of Trustees.

Of resolutions that were assigned to the Council on Science and Public Health for 2021, the CAPM Board has voted for positions on 10: to support 7, to request amendment of 1 and to supported if thus amended, to oppose 1, and to watch 1. The Council has endorsed our support positions for 3, but none of the 10 that we took positions on have yet reached the Board of Trustees.

Don’s comments and group discussion focused on three resolutions. A few years ago, Susan Bradshaw authored a resolution for CMA to support banning flavored tobacco. The CAPM Board strongly supported this, and the resolution was introduced to CMA on behalf of CAPM. CMA approved the resolution, and subsequently its lobbyists were influential in supporting legislation to this end, which passed and was signed by the Governor. However, the law has not been implemented because the tobacco industry has proposed a public initiative that will be on the ballot in 2022, to reverse it. A “yes” vote will support the legislation for a ban rather than being a vote to reverse the ban. This is an example of how our little organization can occasionally influence public health action of statewide importance. Both Don and Ron Hattis commended Susan, who in turn credited a CAPM team effort.

Don also gave an example of how the Council on Science and Public Health can take two or more resolutions on related subjects (in this case for restriction of emissions of gases that contribute to climate change, including certain anesthetic agents), and “repackage” them into a single resolution. The final example related to prostate screening. The urologists attempted to get support for payment for PSA screening that went beyond the recommendations of the U.S. Preventive Services Task Force. CAPM neither supported nor opposed this, but pointed out that conflict. In the end, Don said that the CMA Board of Trustees approved an amended version that more closely followed USPSTF recommendations.

Don concluded by noting that resolutions are the mechanism for influencing CMA policy. Ron noted that we usually take positions on resolutions written by others, and appealed for more resolutions to be authored by CAPM members who belong to CMA, which can then be

introduced on behalf of CAPM. He also thanked the Board members for researching the issues in the resolutions.

#### **9. Report on CMA Council on Science and Public Health: Jessica Nunez**

Jessica is currently chairing this council, as she mentioned earlier, and is the third CAPM member to hold that position. There will be a retreat for the council chairs at the end of January.

Ron added some history. Years ago, every medical specialty had a Scientific Advisory Panel with representation from medical school departments in each specialty. Each panel elected its own chair, and the chairs constituted the Council on Scientific Affairs. Ron and George Rutherford were especially active on the panel for Preventive Medicine and Public Health, and Ron was the last chair before those panels were eliminated. As part of CMA reorganization, the councils became appointed bodies, and CAPM argued successfully for a Council on Science and Public Health, including at least 3 public health specialists. Those turned out to be CAPM members recommended by us, and the first three appointees have in turn been appointed as chairs, Don Lyman, Rob Oldham, and now Jessica Nunez.

However, the elimination of the Scientific Advisory Panel for our specialty left a gap because it had been a mechanism to gather together leaders of our specialty to consider various issues. In 2014 CAPM organized a substitute body under our own sponsorship, the Medical Leadership Forum for Public Health and Preventive Medicine. This includes representatives from schools of medicine and public health, organized medicine including osteopathic, CAPM, HOAC, CDPH, DHCS, and ACPM. See report in item 14 below.

#### **10. Recent CMA House of Delegates (HOD) October 23-24, 2021: Aimee Sisson, Don Lyman**

This was a virtual meeting. Aimee reported as alternate delegate. There were two main issues discussed. The one that achieved the most attention was “racism and other barriers to health.” There were two excellent speakers on that area. A Health Equity Report with 16 recommendations was shared, but the HOD ended up voting without debate (as a sort of consent calendar) on only 6, which passed. The other 10 recommendations had been extracted by various delegations in advance, and were not considered. Aimee announced the topics of the 6 approved recommendations:

- CMA support for anti-racist and intersectional approaches
- CMA partnerships with historically marginalized and minoritized stakeholders
- The use of performance measures and evaluation to monitor the impact of CMA’s health equity activities
- CMA recognition that using race as proxy for biological traits can lead to health inequity
- CMA support for research on the relationship between racism and health outcomes

- CMA acknowledgement of the role of medical racism in increased maternal and infant mortality for black and indigenous persons

There was a tight race for election of the next CMA President-Elect, with four candidates and requiring 3 rounds of elimination to reach a majority. The winner, Dr. Hernandez, an internist from Santa Cruz County, was the chair of the CMA Justice, Equity, Diversity, and Inclusion Committee.

Don concurred with Aimee’s report, and said it was a positive sign that CMA considered racism and other barriers to be a major issue with so much emphasis. He noted that the second main issue at the HOD, corporatization of healthcare, drew much less attention.

Ron Hattis commented that the issue of inequity in maternal and infant mortality is more complex than implicit bias or “medical racism” alone, and should be more thoroughly researched. Jessica Nunez noted that it is not just current bias by the provider, but a long history of bias in society that has produced structural inequities affecting the social determinants of health.

#### **11. Ideas for Future CMA Resolutions or Other Actions to be Introduced by CAPM**

Proposals are welcome and should be emailed to the President or Secretary-Treasurer, so they can be considered by the Board.

#### **12. Report on Legislation and Ideas for 2021 Legislative Action: Don Lyman**

Don shared on screen a list of 12 legislative bills of 2021 on which CAPM took positions. This had also been attached to a meeting announcement. He thanked Ron Hattis for writing letters to legislators on positions voted by the Board. Don explained the “2 and 2” (2 speakers in favor, 2 opposed) and “Me too” (briefly announcing support or opposition) forms of testimony, which formerly always required being present in person at the Capitol, but now is done virtually. In-person meetings with legislators and staff at the Capitol are currently not available, and it is not even usually possible to enter the building. The legislative offices that constitute half of the Capitol building will be knocked down next year and rebuilt, and meanwhile all the legislative offices will be relocated.

Each year, the Board of CAPM tries to select 8-12 bills to support or oppose. This year, we supported 7, opposed one resolution entirely, and recommended amendments to 4 bills. Of the bills we supported, three passed and were signed into law:

- AB 342 (Gipson) to have insurance pay for a second method for colorectal cancer screening, if recommended because of the results of a first method.
- SB 306 (Pan) to enhance STD testing



- SB 742 (Pan) to have buffer zones around vaccine sites to inhibit intimidation by opponents.

The resolution we opposed, ACR 46 (Kiley) to repeal the state of emergency, failed and in fact never was seriously considered. Four bills that we supported failed to pass.

### **13. Prospects for Federal/State Preventive Medicine Residency Funding: Linda Hill and Drew Wallace**

Drew reported that both houses of Congress are currently supporting a small increase in the HRSA funding for Preventive Medicine positions, the first in over a decade, but the budget has not passed yet. Last year, 16 residency programs received funding. The House bill would add about 20 resident slots, the Senate version somewhat fewer. The President's proposed budget would also increase funding for public health overall.

Linda Hill added that HRSA has approved grants for 11 PrevMed residency programs for 5 years, to develop new population-based maternal health training. The lobbying effort for increased funding has required numerous calls and letters. A separate effort to obtain state funding for PrevMed residencies failed to achieve traction. George Rutherford said that we should be funded through CMS like other residency programs, and encouraged ACPM to pursue this angle. Linda said that the hospitals oppose the same type of funding as their other residencies, as PrevMed residents do not spend most of their time there. Linda agreed that we need funding that is sustainable, adequate, and long-term.

### **14. Medical Leadership Forum for Prevention and Public Health Report: Mark Horton; All Minutes Posted at <https://www.capreventivemed.org/medical-leadership-forum/>**

This Forum, sponsored by CAPM, has meetings every 3 months, bringing together public health leaders from schools, organizations, and agencies across the state. See item 9 above for history. Mark said that attendance ranges from 15-30, with good engagement. Each meeting has a special topic, and presentations and much of the discussion is in the context of medical education for students and residents, PrevMed programs, and what schools and other entities are doing about the issues being discussed.

Forum meetings since the last CAPM Annual Meeting, reverse chronological order, with hypertext links to the minutes on our Web site include the following, which were also showed on Share Screen:

[Minutes of the Thirty-second Forum Meeting, September 14, 2021](#), Featuring Heat Emergencies

[Minutes of the Thirty-first Forum Meeting, June 8, 2021](#), Featuring Research Studies from the USC Department of Preventive Medicine, relating to COVID-19 and Social Determinants of Health

[Minutes of the Thirtieth Forum Meeting, March 9, 2021](#), Featuring Systemic Racism/Sexism and Other Inequities of Past and Present, a Public Health Problem Requiring Medical Student and Physician Education (see also slides under Education Material tab, Slide and Video Presentations)

[Minutes of the Twenty-ninth Forum Meeting, December 8, 2020](#), Featuring Structural Racism and Trauma as Public Health Issues, and How One Medical School Incorporated Racial and Other Inequities into Curriculum

Next Virtual Meeting: December 14, 2021, 8:00-9:30 a.m., Featuring Effects of Pandemic on Medical Education and Public Health; contact Ron Hattis to attend as a guest, [preventivemed@aol.com](mailto:preventivemed@aol.com)

#### **15. Other New Business**

No new business items were raised at this time, and there were no objections to emailing ideas for new proposals for CAPM over the next year to Ron Hattis or Aimee Sisson for Board consideration.

#### **16. Next Annual Meeting: Autumn 2022**

The meeting was adjourned after 2 hours of deliberations, at 7:30 p.m. Ron Hattis thanked the group for remaining overtime to finish the items of business.

Submitted by Ron Hattis, Secretary-Treasurer

These minutes were approved at the next Annual Meeting, 11/30/22