



**Annual Meeting, December 10, 2019, Dinner 5:30 p.m., Business 6:15 p.m.-7:30
1100 11th St. #323 (HOAC Office), Sacramento 95814, Key Code 8302**

MINUTES

Freeconferencecall.com call-ins: (712) 770-5505, Meeting ID 831-161#

Handouts: Attached to final cover email and available in hardcopy for those attending in person.

The business meeting followed a dinner prepared by Hannibal's Catering.

1. Roll Call (Listed Alphabetically), 18 Members

In person: Ron Hattis, Mark Horton, Liana Lianov, Don Lyman, Sumedh Mankar, Jessica Nunez de Ybarra, Rob Oldham, Thea Papasozomenos, Caroline Peck, Aimee Sisson, James Stratton, and Julie Vaishampayan

By phone: Ellen Alkon, Susan Bradshaw, Christen Cuevas, Marsha Epstein, Melody Law, and Charles Martin

Guest (and hostess): Kat DeBurgh

2. Greetings from President: Susan Bradshaw

Susan missed her plane and had to phone in. In her remarks, she thanked everyone who helped her during the past year, particularly mentioning Ron Hattis and Don Lyman.

3. Approval of Minutes: Last Annual Meeting, 12/10/18: Ron Hattis

Action: A motion to approve was made by Jim Stratton, seconded by Rob Oldham. There were no additions or corrections. Motion to approve passed without objection.

4. Treasurer's Report: Year to Date 2019; Calendar Year 2018: Ron Hattis

Ron presented two balance sheets of income and expenses, 2019 to date and full year 2018. Through October this year, there had been hardly any dues income and minimal expenses. Most of both come in the last two months of the year. In 2018, income considerably exceeded expenses, and we had an unusually high end-of-year bank balance over \$8,000. Ron urged the attendees at this meeting (both present and phoning in) to renew and pay dues and donations immediately.

Although it is not binding on the IRS, the Board has expressed the position that extra donations be considered as enhanced dues for purposes of itemizing tax deductions as a professional business expense. CAPM is not a 501(c)3 entity, so payments may not be claimed as a charity donations.

When members pay online through PayPal from our Website, PayPal deducts fees when transferring this income to our bank. Ron has been estimating the total amount paid by members as income and counting the fees as expenses. This is complicated to do; however, if the amount

transferred after deduction of fees were tabulated as the income, it would difficult to distinguish dues from donations because PayPal fees would need to be allocated between them.

Action: A motion to approve the Treasurer's balance sheets was made by Mark Horton and seconded by Caroline Peck. The motion was approved without objection.

- 5. Election of Officers,** Recommendations of Nominating Committee: Susan Bradshaw, Chair; Mark Horton, Rob Oldham, Sumedh Mankar:
Nominees to Be Voted On in Bold Below; Automatically Continuing Board of Directors Members Listed but Not Highlighted. Susan announced the following slate.

President: Julie Vaishampayan (automatic progression from current position of President-Elect)

President-Elect: Sumedh Mankar*

Immediate Past-President: Susan Bradshaw (automatic progression of current President)

Secretary-Treasurer: Ronald Hattis (incumbent; offices again to be combined for 2018)

Director with 3-year term: Christen Cuevas

Director with 2-year term: Aimee Sisson

Director with 1-year term: Mark Horton* (fill-in for Sumedh Mankar; finishing another fill-in term for Julie Vaishampayan)

*Committee members abstained on positions for which they were nominated

An ex-officio resident member, normally appointed by the Board, was also slated, and will instead be considered today by the membership. Applicant recommended by past-President Linda Hill: Charles Martin, UCSD Chief Resident, until residency completion May 2020

Action: The slate, including the ex-officio resident, counted as an automatic motion from the Nominating Committee, seconded by Ron Hattis. There were no other nominations from the floor. The slate was approved without objection.

Jim Stratton moved, and Mark Horton seconded, a motion for the Board to seek and appoint a replacement for Dr. Martin when he graduates, well in advance of next year's Annual Meeting. Mark Horton, Jim, and Jessica Nunez asked questions about the process for selecting the ex-officio resident position. Ron explained that this position is not included in the Bylaws. It is usually filled by the Board from among resident members who apply, however when the timing coincides with the election of regular Board members, it can be nominated by the Nominating Committee and approved at a general meeting like this one. UCSD has not yet supplied a resident for this position; 3 other residency programs have. Dr. Martin said that there were a half dozen second year residents at UCSD who not be graduating mid-year. Following this discussion, motion carried without objection.

- 6. Remarks from Incoming President for 2019: Julie Vaishampayan, and Discussion**

Julie said that she expected the coming year to be fun and interesting. There seem to be more and more issues of interest. She welcomed the diversity among participants. She would like to see some action on climate change, a big issue and one that is being addressed by CCLHO/HOAC.

Advancing and Innovating Medi-Cal, also known as CalAIM, is currently open to comments only until 12/16/19, and should get our immediate attention because there are implications for public health and population health management. There are good components, including addressing homelessness; however prevention is getting less emphasis than cost. If current local programs for Targeted Case Management are terminated, as implied in the plan, there will be a decimating effect on maternal, child, and adolescent health.

We could develop position papers on public health issues, and post them on our Website. Mark Horton and Christen Cuevas offered to help with the position papers for the Website. Others may be added to create a work group. Clear, concise statements of CAPM's positions could be of interest to potential members such as residents and students. Jessica Nunez, Christen, and others suggested statements on the opioid crisis and immigrant rights, and a state Wellness Fund. Ron Hattis mentioned that he and Don Lyman had met with CMA representatives earlier today about issues of interest to CAPM, including firearm safety, sugary drinks, tobacco, and "vaping," Social justice and criminal justice reform could be mentioned in terms of the connection to public health.

Action: In view of the complexity and short time line, CAPM input on the CalAIM proposal will be referred to the Board, or for "rapid action" by the President, President-Elect, and Secretary-Treasurer.

7. Greetings from Health Officers Association of California: Kat DeBurgh

Kat reported that the health officers have identified 3 priority issues for 2020: adverse childhood experiences, climate change, and public health and health care delivery partnerships. They would like to see a Wellness Trust in California, as implemented in Oklahoma, Minnesota, and Massachusetts, utilizing opioid settlement money among other sources. The new state Surgeon General will be focusing on adverse childhood experiences.

There was discussion around a sugary drink tax. An initiative to tax sugary drinks is "in progress," but has been rejected by CMA for 2020, but might require an initiative, which would be a "heavy lift." In addition to the beverage industry, unions are opposing, fearing loss of jobs, and the Governor has pledged to oppose new taxes as long as there is a budget surplus.

Jessica Nunez suggested developing a position on controlling health care costs for the aging population. A master state plan is due to be issued in October 2020. CAPM has no current position. Ron Hattis noted that prevention is cost-effective under certain circumstances but not all, and sometimes secondary or tertiary prevention is more so than primary, because a smaller population needs to be addressed. Don Lyman mentioned the role of profits in driving costs up, more than in any other countries.

8. Reports on Legislation and on CMA Resolutions for 2019: Don Lyman and Ron Hattis (see handouts)

Don reviewed the legislative process and testimony, including how to initiate new legislation or to collaborate with CMA on legislation. The list shows that this year, CAPM was involved with 22

bills, 15 in the Assembly and 7 in the Senate, referred to Don by the Board. Five bills that we supported were passed and signed, but so were two that we opposed. Next year is the second of the two-year session, so any bill that failed to progress but was not actually killed by a committee vote could become a “two-year bill” and efforts could be made to try again in 2020.

Don also reviewed the process within CMA for resolutions. CAPM general takes positions on public health-related resolutions, most of which are referred to the Council on Science and Public Health, on which we are represented (Rob Oldham is the new chair, succeeding Don), and on a few selected others. Recommendations of the councils are then referred to the Board of Trustees for final action. Members asked for clarification about the numerical levels of support or opposition, 1-3, and an error was found in the report.

He then went over the distributed lists of bills and CMA resolutions in which CAPM had involvement this year.

Action: The legislative summary will be corrected to explain the three levels of support, with higher numbers indicating more actions requested by the Board and taken. The final lists of 2019 legislation and CMA resolutions will be retained on file by the Secretary-Treasurer.

9. Recent CMA House of Delegates October 25-27, 2019: Don Lyman, Susan Bradshaw (also a regular attendee but not as CAPM delegate: Rob Oldham)

A few major selected issues will be discussed. There may be a few resolutions resulting, for which action by the HOD is final. However, the House of Delegates (HOD) is no longer the main body that approves resolutions, and during the year there is a quarterly process described in item 8 above. Many of the reports from the HOD and follow-up actions are assigned to the Council on Science and Public Health, so Don has been very involved. Don said that testimony at the HOD from public health professional is respected and frequently heeded. Susan Bradshaw, our alternate delegate, said that Don has been doing a good job in the delegate role, and that she had nothing to add at this time.

Don has also been representing CAPM on the Council on Legislation, which meets once a year to make recommendations on bills that have been introduced and are identified as relevant by CMA staff.

10. Ideas for Future CMA Resolutions to be Introduced by CAPM

Ron Hattis said that CAPM formerly submitted resolutions representing our organization, but this has been done infrequently in recent years (our last resolution was to ban flavored tobacco). Don Lyman brought up the topic of school entry requirements and enforcement, or vaccines, and asked if there are other mechanisms to achieve compliance beside school entry requirements. He related that European countries depended on healthcare providers rather than legislation in the case of rubella vaccine. A similar decrease in babies with congenital rubella occurred, but about 5 years

later. Ron and others suggested that fairly good physician compliance can be achieved by making vaccines and other preventive practices (such as Pap testing) a strongly recommended standard of care. In two days, the legislature will be considering a bill to make HPV vaccine a school entry requirement. Discussion revealed considerable reservations about that among our members, for number of reasons. However, there was a consensus that the vaccine should be recommended and covered by insurance not only till the current age limit of 26 but at any age if there is risk of sexual exposure. The FDA recently expanded the indications to persons 17-45, but they are not yet included in CDC or USPHS recommendations. We may want to develop a resolution related to HPV vaccine. Individual CAPM members who are CAPM members may also author resolutions.

Don said that CMA welcomes public health resolutions, because they make the organization “look good.”

- 11. Medical Leadership Forum for Prevention and Public Health Report:** Mark Horton, Ron Hattis; past minutes are posted at <https://www.capreventivemed.org/medical-leadership-forum/> CAPM sponsors this Forum, which was formed in 2014 and holds quarterly conference calls, open to representatives who deal with public health or prevention from schools of medicine and public health, as well as representatives from CMA, OPSC, HOAC, and 2 state departments (CDPH and DHCS). Interest and participation have been sustained and attendance has remained “decent” over the 5 years.

There is usually a special topical issue presented, with outside experts frequently invited for presentations; Mark summarized some of the recent ones. The upcoming meeting next week will focus on electronic smoking and associated lung disease. In addition, there are reports from the participating schools, organizations, and agencies. The Forum also looks at legislation and CMA resolutions related to public health, such as the ones presented today. One of the goals of the Forum is to encourage medical schools to make students aware of public health issues and of career opportunities in public health and Preventive Medicine, and to emphasize the prevention of the diseases and conditions taught. Mark has been the Chair from the beginning, but he credited Ron for doing the background work for the Forum.

- 12. Input to ACGME re Revision of PM Residency Requirements (Continued Issue, for Info.)**
The Accreditation Council for Graduate Medical Education (ACGME) revises the accreditation requirements for each specialty every 10 years. For Preventive Medicine, the revision was issued in 2019, to take effect 2020. A request for proposals for changes in current requirements was sent out to residency program directors in 2018, and input was invited also from others in the field. CAPM submitted input based on a compilation of comments, mostly from residency directors. No Board vote was taken. Final document is posted at:
https://www.acgme.org/Portals/0/PFAssets/ProgramRequirements/380_PreventiveMedicine_2020_TCC.pdf?ver=2019-10-10-120036-630

Explanatory slides:

<https://www.acgme.org/Portals/0/PFAssets/Presentations/PrevMedAECUupdate.pdf?ver=2019-07-01-162020-900>

Action: Information only.

13. Other New Business

Jessica Nunez alerted the meeting that as of January 2020, the California Medical Board will require 3 years of postgraduate training for new licensure and will no longer license physicians after only an internship year; only a provisional license for further training will be awarded. Jessica has been pressing for a clarification of what can be done with a training license, and whether resident services will still be billable, e.g., by federally qualified health centers. She is working with the California Primary Care Association, CMA, Linda Hill, and others, and today asked Dr. Karen Mark of DHCS to look into the matter.

Jessica also reported that an annual policy training day in Sacramento for Preventive Medicine residents throughout California will be revived starting June 2020. Ron said that when such conferences were last discontinued, a so-called Bera fund of over \$600 of surplus money for them had been entrusted to CAPM, and we could return that to the budget. HOAC may also help support this effort, and Jessica expressed appreciation to Kat DeBurgh.

Jessica also reported that Preventive Medicine training is not included in the distribution of tobacco tax funding. Our discipline needs better sources of funding for the infrastructure of our specialty.

Ron Hattis asked the members present to complete membership renewals and payment for this evening's dinner, and for to pose for a photograph for our Web site, before dispersing.

Action: Ron Hattis looked up the amount in the Bera fund: \$769.97.

Susan Bradshaw adjourned the meeting in the absence of further new business.

Submitted by Ron Hattis, Secretary-Treasurer

Approved at Annual Meeting, 12/6/20