



**Annual Meeting, December 10, 2018, 5:30 p.m. Dinner, 6:15 p.m. Business
1100 11th St. #323 (HOAC Office), Sacramento 95814**

MINUTES *(draft, 4/17/19)*

Freeconferencecall.com call-ins: (641) 715-3580, Meeting ID 831-161# when prompted

Handouts: Seven, attached to final cover email and available in hardcopy to those attending in person.

1. Attendance (Alphabetical): 21 Members, 1 Guest

In person (Sacramento): Drs. Susan Bradshaw, Laura Gardner, Ron Hattis, Mark Horton, Alex Kelter, Liana Lianov, Don Lyman, Sumedh Mankar, Jessica Nunez de Ybarra, Rob Oldham, Thea Papasozomenos, Bruce Pomer (Honorary), Aimee Sisson, James Stratton

Guest: Kat DeBurgh

By phone: Ellen Alkon, Christen Cuevas, Olivia Kasirye, Daphne Lichtensztajn, Jillian Martin, Margaret Ryan, Julie Vaishampayan

Prior to the official start of the meeting, those present introduced themselves and told about their current practice or status. After the official start, everyone announced themselves and some of those on the phone gave brief introductions.

2. Greetings from President: Rob Oldham

Rob thanked Kat DeBurgh for hosting the meeting, and expressed appreciation to a number of members, including specifically Don Lyman and Ron Hattis for their work with legislation and CMA matters. He recommended efforts to build membership by working with young physicians, local and private practice specialists, and academia.

Rob expressed appreciation that relatively new members are becoming active. He said that his involvement with ACPM early in his career after residency helped solidify his self-identity in the field of Preventive Medicine, and he hoped that CAPM can play a similar role for our members. He noted that CAPM unites Preventive Medicine physicians in many different practice settings, and that these Annual Meetings provide an opportunity, once a year, to hear from local, state, and academic physicians, retired, etc..

3. Approval of Minutes: Last Annual Meeting, 12/7/17

Thea Papazomenos noted a typographical error.

Action: James Stratton moved approval with the correction, seconded by Aimee Sisson. Minutes were approved as corrected without objection, and will be archived with the correction.

4. **Treasurer's Report: Year to Date 2018; Calendar Year 2017:** Ron Hattis

Ron reviewed two balance sheets, one for complete year 2017 and one for January-October 2018. He noted that "dues enhancements" (extra donations) are greater than dues themselves. The biggest annual expenditure in 2017 and prior years (\$1600) was for registration of our delegate and alternate to the Specialty Delegation to the CMA, which operated as an independent organization. CMA has taken over administration of this delegation, and a significant reduction in expenses is expected.

The bank balance at the end of October, 2018 was \$5732.22. Since the end of October, Ron reported that an additional \$2,000 has come in. Thanks to the extra payments of many members above the minimum dues, with a few being especially generous, we are doing well from the standpoint of collecting funds, but less well on number of paid-up members. Not including renewals at tonight's meeting, only 27 members had renewed for 2019 and 6 new members (including 4 residents) had joined, well below some past years. We need to work on boosting membership, with an emphasis on younger members.

Action: Ron moved approval of the two balance sheets, and Ellen Alkon seconded. Motion was approved without objection. Reports will be retained in archives.

5. **Election of Officers**, Recommendations of Nominating Committee: Linda Hill (Chair; not participating today, and in her absence, Ron Hattis explained the process), Susan Bradshaw, Mark Horton, Rob Oldham: Nominees in Bold; Automatically Continuing Board of Directors Members Included but Not Highlighted

President: Susan Bradshaw (automatic progression from current position of President-Elect)

President-Elect: Julie Vaishampayan

Immediate Past-President: Rob Oldham (automatic progression of current President)

Secretary-Treasurer: Ronald Hattis (incumbent; offices again to be combined for 2018)

Director with 3-year term: Aimee Sisson

Director with 2-year term: Sumedh Mankar

Director with 1-year term remaining: Mark Horton

Appointees: Ex-officio resident member: Christen Cuevas (till residency conclusion 2019)
Professional Development/Membership: **Laura Gardner** (new position)

The new nominees to the Board, Julie and Aimee, introduced themselves. Julie was trained in Infectious Diseases and later was trained in Preventive Medicine, both in Michigan. She is currently the Health Officer for Stanislaus County. Past positions have included Assistant Health

Officer for San Joaquin County, and Chief of the CDPH Communicable Disease and Emergency Response Branch.

Aimee has been directing the Preventive Medicine residency and Cal-EIS at CDPH for about a year, and was assistant director for about 2 years before that. She is a graduate of the CDPH Preventive Medicine residency herself, and recently passed her board exam. Aimee has been involved also in health equity issues and in chronic disease prevention.

The Nominating Committee suggested that Laura Gardner, their runner-up for a Board position, was recommended for a special advisory role to be developed, related to professional development, and updating of the active roster including development of criteria for removal of inactive or former members. Ron will consult with Susan and Laura.

Action: There were no other nominations from the floor. The positions up for a vote (President-Elect, Director, and Secretary-Treasurer) as listed in the above slate were elected by unanimous oral vote. Terms will begin January 1, 2019.

6. Remarks from Incoming President for 2019: Susan Bradshaw, and Discussion

Susan Bradshaw said it was an honor to be among people with so much experience and expertise. She said that she had reviewed the documents on the Web site to look for gaps. There was a lot of work with very good ideas and proposals, but information was lacking on whether it was completed. She said she would focus initially on completing any unfinished tasks proposed at meetings of the last two years, starting with a determination of what has and has not been accomplished. She also would like us to recruit more younger members. She also proposes that we enhance our participation in efforts toward health care reform in California; also e-learning projects, adding educational material and opinion statements to the Web site.

Ron Hattis noted that the Web site already has a tab for educational presentations, where members can post links to slide presentations, opinion pieces, and articles for which a journal does not own the copyright and restrict distribution and members would like to share. If the material is not already on the Web, links can be posted to new pages on our site with this material from members; if the material is already on the Web but infrequently discovered, the links can point to that.

Ron also suggested a careful review of Board minutes could help determine what ideas actually approved by a vote were or were not followed up. He offered to work with Susan.

Jessica Nunez congratulated Susan on assuming the leadership role. She said that particularly during the coming year, more eyes will (or should) be on “physicians like us.” We stand for the humanity of our patients, and there is a need for more medical leadership with a public health perspective, to speak out on topics like race relations, gun violence, the social determinants of health, and the fact that lifestyle and nutrition can serve as treatment for chronic diseases. The recent NRA statement that physicians should “stay in their lane” and avoid the gun issue has

spurred a lot of backlash from ER and other physicians, and issues like that are an opportunity to present our medical voice. Jessica noted that, like many members, she could not speak out about some of these topics at work, and she looks to this Academy to offer a mouthpiece.

Rob Oldham suggested more public comment on rule changes affecting public health. Laura Gardner suggested soliciting postings on the opioid crisis and links to blog posts. Laura will have a slide show on this, and Ron invited her to submit it.

7. Greetings from Health Officers Association of California: Kat DeBurgh

Kat welcomed everyone present in person to the HOAC office. HOAC intersects with CAPM, because it also represents physicians and focuses on prevention of disease. She said that the biggest project HOAC is engaged in this year is to establish a California Wellness Trust. This project is organized through the California Alliance for Prevention Funding, which Kat co-chairs with Dr. Lynn Silver of the Public Health Institute. The trust would be funded by \$10/person in state funds. Statewide, this could raise \$400 million annually. HOAC is also sponsoring a bill to lower the certification fee for public health nurses.

Mark Horton mentioned that ASTHO is supporting the creation of a National Wellness Fund. There is concern nationally and in several states about establishing a stable source of funding for public health.

Kat and Don Lyman explained plans for a statewide tax on sugar-sweetened beverages, which would raise large amounts of money. Last legislative session, the Democratic leaders negotiated a prohibition of local initiatives for such taxes, in return for the soda industry dropping an initiative to prohibit taxes on any foodstuff including sugary beverages. That deal still left the door open to a statewide initiative to tax sodas in 2020. CMA will be a major sponsor.

8. Reports on Legislation and on CMA Resolutions for 2018: Don Lyman and Ron Hattis (2 reports were distributed as attachments to the email announcing the meeting)

Don reviewed the processes by which CMA reviews resolutions and legislation. CMA in the last few years has been a strong advocate for public health. A lot of their work is behind the scenes.

Don distributed lists of CMA resolutions and 13 bills on which CAPM was active this year. Ron usually writes the letters and Don does the visits to legislative staff and occasional committee testimony.

One bill that we supported that was signed into law was SB 212 (Jackson) will establish a pharmaceutical and sharps wastes stewardship program. Two bills that we opposed failed: SB 325

(Moorlach) would have permitted self-quarantine; SB 562 (Lara) would have declared the legislature in favor of a single payer insurance plan with no plan for funding and no details on what would be covered.

Final results for the other bills were not to our preferences. One public health defeat for both HOAC and CAPM (AB 626, Garcia) was an expansion of the ability to prepare commercial food in home kitchens. Two more bills that we opposed but passed and were signed related to prohibitions on local taxes on sodas and other sweetened drinks. AB 1838 (Budget Committee) prohibits local taxes on “groceries” (including sodas) until 2031; SB 872 (Budget Committee) exempts cannabis from that prohibition. However, the Democratic leadership agreed to these provisions in negotiations that resulted in the withdrawal of an initiative that would have prohibited all taxation on “groceries” including statewide. They are keeping their commitment to make 2019 and 2020 active years for restrictions on sugary drinks, including a planned 2020 initiative establishing a statewide tax. We supported 6 other bills that failed and one that was vetoed. All of these bills are listed on the report that was distributed.

Don appealed for volunteers for the Legislative Committee. Ideally, 5-10 members should help advise the Board what to work on, and also help with letters and calls to legislative offices.

We were more successful with CMA resolutions. Resolutions were formerly debated at the annual House of Delegates (HOD). Each resolution is now assigned to one of six councils, for review and often amendments. One of these councils, on Science and Public Health, is chaired by Don, and Rob Oldham and Jessica Nunez are also members. There is an opportunity for online input by members both before and after council review, after which the resolutions are referred for action to the Board of Trustees, which has about 35 members. Resolutions as passed determine CMA policy, and some of them drive CMA legislative positions.

Of 15 resolutions on which we took positions in 2018, 7 were deferred to 2019 and 8 received final action in 2018. Of those 8, 5 that we supported were approved, including one by Susan Bradshaw that CAPM introduced. This committed CMA to supporting the banning of sales of flavored tobacco products. One resolution that we supported was disapproved, 1 that we opposed was disapproved, 1 that we supported was referred for study, and 1 that we recommended to be referred for study was instead approved with amendments. These are all listed on report that was distributed.

9. Ideas for Future CMA Resolutions to be Introduced by CAPM

No resolution ideas were proposed at this time. The Board may consider some, and members may submit ideas to the Board. There is a specific style/protocol designated. Members are welcome to suggest resolutions to the Board.

10. **Recent CMA House of Delegates October 13-14, 2018:** Don Lyman, Susan Bradshaw (also present but not as CAPM delegate: Rob Oldham)

Don Lyman, our Delegate to the HOD, explained that the annual meeting of the House of Delegates (HOD), with several hundred members, previously dealt mainly with resolutions and determined CMA policy by this means, but there is now a year-round online process for resolutions that was described in item 8 above. The HOD now has a different role, and deals with broad, major issues referred by the Board of Trustees. The councils are asked to prepare white papers for the HOD to consider. The only resolutions considered by the HOD deal with these issues. At the 2017 HOD, a white paper with a 5-year public health plan was approved. This year, the entire HOD was devoted to health care reform and how it should be financed. Four councils were asked to prepare reports on various aspects of this, each of which was discussed in an educational session. The portion assigned to the Council on Science and Public Health was on the social determinants of health. In the master report that came out of the HOD, about ¼ to 1/3 of the text came out of this portion. A resolution was also passed by the HOD calling for data to be collected on “whether it works or not.”

Susan Bradshaw, our Alternate Delegate to the HOD, concurred with Don’s report.

11. **(Re-)authorization for Rapid Action by President, President-Elect, and Secretary.(-Treas.)** when General Policy Exists; and by President and Treasurer for Non-exceptional Expenditures

Action: Ron Hattis moved that we renew this old policy, to remain in effect until changed. Laura Gardner seconded. Motion passed unanimously.

12. **Medical Leadership Forum for Prevention and Public Health Report:** Mark Horton, Ron Hattis (2 recent minutes attached to cover email)

This forum has been functioning since 2014 under sponsorship of CAPM, and holds quarterly conference calls on issues related to teaching of Preventive Medicine, resolutions from CMA needing follow-up, and other statewide public health issues. Mark Horton said that representation includes schools of medicine (including both allopathic and osteopathic), and public health, public health agencies, CMA and the Osteopathic Physicians and Surgeons of California, CAPM, ACPM, HOAC, and others. The agenda includes encouraging programs to introduce medical students to public health approaches, teaching about diseases and systems in a way that promotes prevention, and making students aware of Preventive Medicine and public health as specialties. Schools of public health are encouraged to provide tracks that are useful for physicians and medical students and help train public health officers. Follow-up of CMA resolutions, and input on pending resolutions from a broader medical community including academia, related to disease prevention and public health, are also discussed. Major emerging public health challenges such as

the opioid epidemic, obesity, and the massive wildfires are also presented, and how to teach about them is discussed. Past minutes are displayed on the CAPM Website.

Ron Hattis added that the inspiration for the Forum came from a former CMA Scientific Advisory Committee on Preventive Medicine. At one time, each specialty had such a committee, and the chairs constituted CMA's Council on Scientific Affairs.

13. Medicare Contractor Advisory Committee: Jessica Nunez de Ybarra

Jessica reported that CAPM is entitled to representation on this committee, and formerly participated. We have not had recent representation. Each Medicare region has a committee, which makes recommendations on reimbursement of clinical services that can vary around the country. We could help influence reimbursement of preventive services. If there is a member particularly interested, or one for Northern meetings (in Burlingame) and one for Southern California meetings (in L.A.), please let Susan or the full Board know. It is possible to attend by phone, but more effective to attend in person.

14. Advance Input to ACGME re Revision of PM Residency Requirements: Aimee Sisson
(attached to cover email of 11/25/18)

Aimee explained that the Accreditation Council for Graduate Medical Education (ACGME) revises the accreditation requirements for each specialty every 10 years. For Preventive Medicine, the revision is due in 2019, and a request for proposals for changes in current requirements was sent out to residency program directors, but input was invited also from others in the field. Although individual residency directors were encouraged to submit testimony, Ron also asked for their comments and compiled some of the ideas along with his own in a short document that was submitted. No Board vote was taken. Aimee said that in 2019, after ACGME has prepared a draft, there will be another opportunity for input.

15. Other New Business

Announcement: Sir Michael Marmot of University College of London will be speaking at UC Berkeley, on December 6, with live streaming.

Missing material from CDPH Website: When the Department switched to a new Web design, material from the old site was left off. Aimee Sisson was able to find missing information sheets for HIV testing. Ron Hattis expressed appreciation to her, and is following up through Deputy Director Gil Chavez to restore the material.

Photographs: Taken for posting on the Website.

Submitted by Ronald Hattis, Secretary-Treasurer, for approval at next Annual Meeting