

California Public Health/Prevention Medical Leadership Forum
20th Conference Call Meeting
Tuesday, September 11, 2018, 8:15-9:30 am PT
MINUTES

Call in: (515) 739-1015 Access Code: 457-029-043# (freeconferencecall.com)

1. Roll Call by Institution: 15 attendees, 13 schools and agencies represented

CAPM: Susan Bradshaw, Ron Hattis, Mark Horton (also representing UC Berkeley), Donald Lyman (also representing CMA)

CDPH: Aimee Sisson

HOAC: David Canton (also representing OPSC)

OPSC: (David Canton)

CMA: Samantha Pellon, (Donald Lyman)

Schools of Medicine:

Stanford: Eleanor Levin

UCSF: George Rutherford

Kaiser Permanente: Rose Rodriguez

Western University: Susan Mackintosh, Maryam Othman

Loma Linda University: April Wilson

UC San Diego: Jill Waalen

Schools of Public Health:

UC Berkeley: (Mark Horton)

San Diego State Univ.: Hala Madanat

2. Minutes of June 5, 2018

These had been sent to attendees who had spoken for input not long after the respective meetings. In addition to notes taken at the meetings, an audio recording of the meetings was utilized in preparing the minutes. Dr. Canton requested deletion of one sentence implying that he had personally helped to develop a certain opioid training program.

Action: Minutes were accepted as corrected.

3. California Department of Public Health

Aimee Sisson did not have a report, but agreed to bring back a question to the Department regarding whether informational resources on public health (such as information sheets for HIV testing), which had been on the old Web site but were not included when the revised site went online, have now been recovered and added. Aimee agreed to do this, and noted that material that had not been ADA compliant had initially been taken down.

4. California Medical Association

A. Third Quarter 2017-18 Resolutions (for Information): Actions by Council on Science and Public Health (CSPH), and Final Actions by Board of Trustees (BOT)

- Resolution 109-18, Evaluating Autonomous Vehicles as a Means to Reduce Motor Vehicle Accidents:
RESOLVED: That CMA will monitor the development of autonomous vehicles, with particular focus on the technology's impact on motor vehicle related injury and death; and be it further
RESOLVED, That CMA will promote driver and pedestrian safety as key priorities in the development of autonomous vehicles; and be it further
RESOLVED: That this item be referred for national action.
Amended wording approved by Council and by Board of Trustees
- Resolution 110-18, Flavored Tobacco (from CAPM and Medical Student Section):
RESOLVED: That CMA support a ban on the sale or distribution of flavored tobacco products, in order to reduce the recruitment and sustained addiction of new tobacco users. Original resolution edited by the Council as above and approved by the Board of Trustees
- Resolution 111-18, Taser Data: Called on CMA to support increased reporting by law enforcement and transparency concerning the use of tasers, including who uses them on whom. Council recommended deferral due to current studies pending, and Board of Trustees did not take action.

B. Fourth Quarter 2017-18 Resolutions (for Information and Brief Discussion): Pending Actions by councils, including Council on Science and Public Health (100 series), and Final Actions by Board of Trustees

- Resolution 112-18, Reporting of Parkinson's Disease: Would call for delay in implementation of mandatory reporting, would advocate that patient consent be obtained before reporting, and that support be sought for the time spent). (CAPM opposed consent for reporting.) CSPH did not approve; BOT has not taken final action yet (as also true for other resolutions below).
- Resolution 208-18, Medication-Assisted Treatment via Telemedicine: Would support Congressional legislation to permit MAT via telemedicine. (CAPM supported.)
- Resolution 209-18, Changing Immunizations from Medicare Part D to Part B: Would sponsor changes to rules for Part D and Part B, so that patients could use either depending on whether the immunization is received at a physician's office or a pharmacy. (CAPM supported.)

- Resolution 502-18, Support for Dissemination of Negative Results: Would declare CMA’s support for prompt and transparent dissemination of negative results, and would work with the University of California, IRBs, and journal editors to encourage this. (CAPM supported; testimony noted that power of study should have been adequate to detect a positive result.)
- Resolution 503-18, Divestment from the Gun and Ammunition Industries: Would urge all health related organizations to divest from investments, and would refer for national action. (CAPM supported.)
- Resolution 504-18, Gun Violence – Compensation for Healthcare Expenditures: Would call for reimbursement of gun violence from gun industries, to health providers and survivors of gun violence, similar to the tobacco industry reimbursements (which would probably mean compensation funds). (CAPM supported with addition of compensation of estates if victim died.) Ron Hattis noted that there were several reasons this resolution was controversial, including legality under second amendment, and free enterprise arguments. David Canton added that there are harmless uses for guns, such as collecting.
- Resolution 505-18, Holding the Pharmaceutical Industry Accountable for Opioid-Related Costs: Would call for reimbursement of medical and economic costs to patients and healthcare providers impacted by the opioid abuse and addiction epidemic, from the pharmaceutical industry, similarly to the tobacco industry reimbursements (which would probably mean compensation funds). (CAPM supported with addition of compensation of estates if victim died.) David Canton commented that when an industry promotes a use for a products despite knowing that this promotes harm, there is liability, however if a customer uses a product in a dangerous way that is not recommended by the manufacturer, there may not be liability. These are multi-faceted issues.

C. Other CMA Business:

Samantha Pellon reported that the major issues to be addressed at the House of Delegates include affordability and accessibility of health care.

Ron Hattis asked Samantha to refer to IT staff the current difficulty in accessing past resolutions and reports on the CMA Website. Samantha said that some issues are still being worked out. She will refer the question.

5. Special Topic for Today: Violence and Terrorism: How are our schools and organizations dealing with prevention and response?

Mark Horton noted the relevance of this topic to today’s date, ‘9/11.’ Ron Hattis noted that, as with obesity and opioids, there are opportunities for institutions like ours to teach students

about prevention and response, and to conduct research in these areas, and that he hoped today's discussion would help elucidate ideas and programs being developed across the state. He mentioned that no one has an overall solution to preventing terrorism, partly because it is effective. On the other hand, interventions with counseling and support for some of the disaffected or mentally ill young people or employees, or potential school shooters, who carry it out, and their actions averted. Emergency medical response to mass violence is also a public health issue, and lives can be saved if it is done effectively. He suspects that we will find that innovative programs are being implemented, but that more can be done, and that we should carry back to our schools and organizations the need for more integrated and comprehensive teaching and research, just as with the issues of obesity and the opioid epidemic.

Hala Madanat noted the importance of teaching general skills for responding to multiple public health problems as they emerge or change. At San Diego State, seminars and class discussions include topics that are current, but emphasize basic skills and how to develop policies and plans. Ron agreed with the great value of that strategy, but also noted that violence and terror have been public health problems throughout human history, and are unlikely to go away. Perhaps we under-emphasize the socialization of troubled youth, just as we have been criticized for may be an eternal human challenge. He also noted that new epidemic threats have generated funding to expand public health programs in general, so focus on the specific can benefit the general field. Fears about "germ warfare," bioterrorism, emerging influenza strains, and Ebola virus have each been utilized in this way.

Eleanor Levin reported from Stanford that Prof. Dean Winslow, an infectious disease specialist and professor (and a retired Air Force colonel), was nominated as an assistant Secretary of Defense for health affairs, but the Trump Administration withdrew his nomination because of his public statement of opposition to sale of assault rifles like AK-15s to the general public. He subsequently formed an organization at Stanford called SAFE (Scrubs Addressing the Firearms Epidemic, www.standsafe.org), and has been teaching various disciplines about the epidemic of firearms casualties, the health risks posed by gun, the barriers to research, trauma care for gun injuries, and how to study these issues. On 9/17/18, a program will be held at Stanford and at UC San Francisco on those topics, with the support of the medical school. Winslow hopes to expand the organization nationwide, and already some 30 medical centers have chapters.

George Rutherford reported that in the last medical school curriculum adjustment at UC San Francisco, bioterrorism fell out of the list of topics in Infectious Diseases (in the past, there had been a workshop on smallpox response). However, at a higher level of training (but only a small number of trainees), it is dealt with as part of emergency preparedness, which is the first competency of General Preventive Medicine/Public Health residency training. This is done through hospital disaster planning and EMS agencies. There is also a recognized

subspecialty of Emergency Medicine with a fellowship in emergency medical services and disaster medicine. UCSF has such a fellowship.

Mark Horton expressed the opinion that violence and disasters caused by humans should be standard components of medical school curricula, including the physician's role in responding to violent events and disasters, and screening adolescents for mental health disorders. Such topics should be taught with flexibility, so that they may be expanded or modified as needed to address emerging issues. He also noted that journal clubs can also be utilized to address emerging issues.

Rose Rodriguez said that Kaiser is planning a capacity for flexible rapid response as the medical school in Pasadena develops. At a national level, Kaiser-Permanente has issued \$2 million in grants for research to prevent gun injuries and deaths. Hopefully, students can be involved in such research.

Jill Waalen mentioned a seminar series planned at UC San Diego including how to deal with mass shootings in a practical way.

Follow-up: This topic will be continued at the next meeting.

6. Osteopathic Physicians and Surgeons of California:

Dr. Richard Riemer, President, reported the new Public Health Committee of OPSC is being chaired by Dr. David Canton. It could benefit from staff assistance. A new Executive Director is being hired by OPSC. The Legislative Committee is becoming more interested in taking positions on public health issues.

7. Health Officers Association of California (HOAC)

Dr. Canton also reported that the fall meeting continuing education program of HOAC will focus on emergency preparedness, and will be held in Ventura, October 3-5, 2018. Registration is available online.

8. Updates from Schools of Medicine

Dr. Horton said that in reports from schools, this Forum is particularly interested in the teaching of preventive and public health-related aspects of teaching, and in the presentation to students of information on career choices in prevention-related specialties.

Dr. Canton reported that a new osteopathic medical school is being developed in Clovis, the first medical school in the Central Valley. It will be part of the California Health Sciences University, which already has a School of Pharmacy. Dr. Canton will send contact information to Ron Hattis, so that the dean or designees can be invited to participate in this Forum.

9. Updates from Schools of Public Health

No additional report.

10. The Opioid Crisis: What Are Our Constituent Institutions/Organizations Doing/Teaching with Regard to Prevention and Prevention-Oriented Treatment? (Contd.)

This is the third and last meeting at which this topic will be discussed as a specific agenda item. Ron Hattis again noted the significance of this crisis as an inadequately solved, growing public health problem, recognized as such by the Centers for Disease Control and Prevention.

Susan Bradshaw announced that she attended a meeting at which a planned conference on cannabis was announced, to be held at the Bonaventure Hotel in Los Angeles. She was told that this is also expected to deal with tobacco, and will be partially sponsored by the State of California (most likely a program within the Department of Public Health). The estimated tuition will be about \$800, but scholarships will be available. Continuing education credit, at least for physicians, will not be available. The Web site lists the dates as January 28-30, 2019.

Mark Horton reminded the attendees that as of October 2, 2019, providers prescribing any controlled drug will be required to check CURES first.

Mark once again directed attention to comprehensive guidelines from CDC on proper prescribing, including tapering of high dosages of prescribed opioids. He also noted recent findings that suicides may account for up to 40% of opioid overdose deaths, and therefore there is a great need to integrate behavioral health services with medication assisted treatment for drug addiction. .

Follow-up: New developments can in the future be presented as part of the reports from schools and organizations.

11. Obesity Epidemic, Including Childhood: What Are Our Constituent Institutions/Organizations Doing/Teaching with Regard to Prevention and Prevention-Oriented Treatment?

There were no further presentations today. This topic will be closed for now. As with opioids, new developments can in the future be presented as part of the reports from schools and organizations.

12. Legislation on the Governor's Desk:

This is a preliminary report. At the next meeting, final actions by the Governor can be reported on more bills related to public health issues.

- AB 626 (Garcia), “microenterprise home kitchen operations”: Will greatly expand the number of food products that can be manufactured in home kitchens and commercially marketed, while exempting these kitchens from some sanitation rules that apply to restaurants. Bill is opposed by CAPM, HOAC.
- AB 1534 (Nazarian), “HIV specialists”: Will permit HIV specialists to also serve as the primary care physicians of their patients. Supported by CAPM, Beyond AIDS, AIDS Healthcare Foundation.
- Mark Horton noted that a collection of gun control measures has passed and is on the Governor's desk. Final results after Governor's actions may be blended into continuation of the topic of violence and terrorism.

13. Next Meeting

This should take place on a Tuesday morning in December 2018. Eleanor Levin suggested the first Tuesday.

Submitted by Ron Hattis, Secretary, assisted by review of audio recording. 9/23/18.
Approved at the meeting of 12/4/18.